

**CLAREMORE SEQUOYAH JUNIOR HIGH TRACK  
MEET 2024**

**DATE: TUESDAY APRIL 2, 2024**  
**TIME: COACHES MEETING: 9:00 A.M.**  
**FIELD EVENTS 9:30 A.M. RUNNING EVENTS 9:30 A.M.**

**COST: \$70.00/TEAM \$10.00/INDIVIDUAL**

**DIVISIONS: 4 DIVISIONS- 7<sup>TH</sup> BOYS, 7<sup>TH</sup> GIRLS, 8<sup>TH</sup> BOYS , 8<sup>TH</sup> GIRLS**

**PARTICIPATION: EACH SCHOOL LIMITED TO 3 PER EVENT. NO MORE THAN 4  
EVENTS. STARTING BLOCKS PROVIDED, OSSAA RULES APPLY, NO LONG JUMP**

**SEND ENTRY FEES TO: SEQUOYAH PUBLIC SCHOOLS  
ATTENTION: RICHIE BURKS, BOBBY COOPER, OR BRAD HOLT  
ADDRESS: 16401 SOUTH 4180 RD. CLAREMORE, OK 74017**

**AWARDS: MEDALS TO THE TOP 5 PERFORMERS IN EACH INDIVIDUAL  
EVENT. MEDAL TO TOP THREE IN EACH RELAY**

**POINTS: 1<sup>ST</sup>-10, 2<sup>ND</sup>- 8, 3<sup>RD</sup>-6, 4<sup>TH</sup>-4, 5<sup>TH</sup>-2, 6<sup>TH</sup>-1  
RELAYS: 1<sup>ST</sup>-20, 2<sup>ND</sup>- 16, 3<sup>RD</sup>-12, 4<sup>TH</sup>-8, 5<sup>TH</sup>-4, 6<sup>TH</sup>-2**

**PARKING: AT THE CHURCH, WEST OF THE FOOTBALL STADIUM**

**SCHOOL PHONE: 918-343-5105**

**COACH COOPER CELL AND EMAIL: 918-344-8153  
[bobby.cooper@sequoyaheagles.net](mailto:bobby.cooper@sequoyaheagles.net)**

**COACH HOLT CELL AND EMAIL: 918-605-0201  
[brad.holt@sequoyaheagles.net](mailto:brad.holt@sequoyaheagles.net)**

**LIMIT: 1<sup>ST</sup> 15 TEAMS 4A AND BELOW  
HOSPITALITY ROOM WILL BE PROVIDED FOR COACHES**