2023 South Central Conference Track Meet

At Maysville

Monday, April 15th, 2024

COACHES MEETING: 2:00 P.M. FIELD EVENTS WILL START AT 2:30.

RUNNING EVENTS AT 3:00

DIVISIONS: JUNIOR HIGH (7-9TH) AND HIGH SCHOOL

TRACK: 5 LANE BRAND NEW ALL WEATHER TRACK

PARTICIPATION: 3 CONTESTANTS PER EVENT, 1 RELAY PER SCHOOL

AWARDS: MEDALS FOR TOP 3

FACILITIES: NO DRESSING ROOMS, BATHROOMS AVAILABLE,

A CONCESSION STAND WILL BE PROVIDED. COACHES WILL HAVE A HOSPITALITY ROOM.

PLEASE RSVP TO: Dace Lemieux (580) 461-2684

QUESTIONS/ WEATHER: Dace Lemieux (580) 461-2684

TEAM CAMPS: NO TEAMS WILL CAMP ON THE INFIELD. ALL

CAMPS WILL BE IN THE PARK BEHIND

CONCESSION STAND.

ORDER OF EVENTS

2:00 PM Coaches Meeting

2:30 PM
<u>FIELD EVENTS</u>
3 Throws, 3 Jumps No Finals

LONG JUMP: JH GIRLS, HS GIRLS, JH BOYS, HS BOYS HIGH JUMP: JH BOYS, HS BOYS, JH GIRLS, HS GIRLS DISCUS: HS BOYS, JH GIRLS, HS GIRLS, JH BOYS SHOT PUT: HS GIRLS, JH BOYS, HS BOYS, JH GIRLS

3:00 PM <u>RUNNING EVENTS</u> ALL FINALS

1600 M RELAY

Order: JH GIRLS, JH BOYS, HS GIRLS, HS BOYS

400 M RELAY
3200 M RELAY
100 M HURDLES (JH GIRLS, HS GIRLS)
110 M HURDLES (JH BOYS, HS BOYS)
100 M DASH
3200 M RUN
800 M RELAY
800 M RUN
400 M DASH
300 M HURDLES
200 M DASH
IRON MAN RELAY
1600 M RUN