

4th Annual Mike Tyson Invitational Track Meet

7/8-HS Boys & Girls

Friday March 15, 2024

Open to schools 4A and below.

10 Team Limit

Reserve by calling or texting

Enter teams on Endurousa.com

We have a brand new facility and are excited to host Track meets again.

Coaches Meeting @9:45 a.m.

1. Field events starting at 10:00 a.m.
Preliminaries in running events start at 10:30 a.m.
2. A school may enter 3 in each event.
3. Association rules apply.
4. Points will be scored as follows
 - a. 10-8-6-4-2-1
 - b. 20-16-12-8-4-2 Relay Points
5. Medals will be given to the 1st-5th places in each event.
6. No Fans will be allowed on the Turf football field. Participants and coaches ONLY!
7. Masks are recommended while not competing.
8. The entry Fee is \$90.00 per team. (\$360 for HS JH boys and girls
\$20.00 per individual if 3 or less members.
9. Use short spikes only. Starting blocks will be provided.
10. This meet will be ALL Timed Finals
11. Meet will be timed using the FAT timing system.
12. Breakfast, Lunch and hospitality room will be provided for coaches.
13. Please make checks payable to **Thomas High School** and mail to:

Matt Hart
Thomas High School
P.O. Box 190
Thomas, Ok 73669
Cell Phone: 580-302-0418
School Phone: 580- 661-3522
Email: mhart@thomas.k12.ok.us

Mike Tyson Invitational

Timed Finals Schedule

Shot JH G-B HS G-B

Discus HS B-G JH G-B

Long Jump JH B-G HS G-B

High Jump HS G-B JH G-B

Pole Vault JH G-B HS B-G

TIMED FINALS MEET

JH followed by HS on all events

400 Meter Relay

3200 Meter Relay

100 Meter Hurdles JH-30" HS-33" Girls

110 Meter Hurdles JH-33" HS-39" Boys

3200 Meter Run **HS Boys**

800 Meter Relay

800 Meter Run

100 Meter Dash

PROPOSED BREAK

3200 Meter Run **HS Girls**

400 Meter Dash

300 Meter Hurdles 30" all Jh and hs girls 36" hs boys

200 Meter Dash

1600 Meter Run

1600 Meter Relay