



Gerard Alexander Invitational 2025

April 25th



We are excited to invite you and your team to the **Gerard Alexander Invitational Track Meet at Beggs High School** on Friday, April 25th 2025. Our newly renovated **8 lane track facility** boast a **new state of the art running surface** , all **new hurdles** , **new mats** for field events, and **colored exchange zones** . This is a great opportunity for your athletes to compete and showcase their skills in a well-organized and competitive event. Spots are limited, so please reach out as soon as possible to secure your team's participation.

Coaches Info

- Coaches meeting at 9:00am (Fieldhouse)
- Field events 9:30am
- Running events 10:00am
- Hospitality **BBQ at the Break**

Entries

- Entries **MUST** be submitted via athletic.net
- Entry deadline is April 21st

Entry Fees

- \$100 for each boy's or girl's team, or \$15/individual (if less than four per team)
- Checks payable to: **BEGGS ATHLETICS**

Awards

- Awards given to first, second, and third places in all races and events. Plaques awarded to first place teams in each division.

Limitations

- Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Three (3) throws will be in the shot and discus and three (3) jumps in the long jump with the top eight (8) going to the finals. All events will be timed finals.

Bus Parking

- Please park buses in the parking lot south of the stadium.

Contact- In case of bad weather or other updates prior to the meet, please contact Tyler Blizzard at 918-843-0427 (tblizzard@beggs.k12.ok.us)



Gerard Alexander

Invitational Track Meet

Order of Events



Field Events*

9:30am

- High Jump BOYS / GIRLS
- Long Jump BOYS / GIRLS
- Shot GIRLS / BOYS
- Discus BOYS / GIRLS
- Pole Vault GIRLS / BOYS

Timed Finals*

10:00am

- 4 x 100 relay GIRLS / BOYS
- 4 x 800 relay GIRLS / BOYS
- 100m hurdles GIRLS 33"
- 110m hurdles BOYS 39"
- 3200m run GIRLS / BOYS
- 4 x 200 relay GIRLS / BOYS
- 800m run GIRLS / BOYS
- 100m dash GIRLS / BOYS
- BREAK **BBQ FOR COACHES**
- 400m dash GIRLS / BOYS
- 300m hurdles GIRLS 30" / BOYS 36"
- 200m dash GIRLS / BOYS
- 1600m run GIRLS / BOYS
- 4 x 400 relay GIRLS / BOYS

*Rolling Schedule