

On behalf of the Bixby Track and Field Team, we extend to you and your teams an invitation to participate in the Spartan Track & Field Invitational. 8 Team Limit.

Please email to confirm your invitation to Doug Behrens <a href="mailto:dbehrens@bixbyps.org">dbehrens@bixbyps.org</a> & Madison Eckert <a href="mailto:meckert@bixbyps.org">meckert@bixbyps.org</a>

**ATTENTION COACHES:** TIMING DEADLINES WILL BE SENT TO ALL CONFIRMED TEAMS. WE WILL BE USING ENDURO & REGISTERING THROUGH ATHLETIC.NET - YOU WILL RECEIVE AN INVITATION TO THE MEET.

**Entry Fee:** \$100 per team (\$200 for both boys & girls teams). B teams are also welcome. \$50 for each additional team that is entered. **Make checks payable to: Bixby Track.** You may bring the check with you or mail it to:

Bixby Track 301 S. Riverview Dr. Bixby. OK 74008

**Divisions:** There will only be 2 divisions: Boys and Girls

**Time:** All coaches should report to our new track building by **3:30PM** for a coaches meeting. Field events will start at **4:00 PM**. Running events will begin at **4:30 PM**.

**Bus Parking:** Buses should enter from Mingo Road. Drop your athletes off at the designated area in front of our facility. You will be directed to bus parking from there.

**Spectators:** Spectator parking is **very limited** near the track. More parking is available closer to the football field. Please inform spectators that they will need to enter the facility at the gate on the South West corner of the field. **Gate entry is \$5 per student (K-12 + Senior Citizens) & \$7 per adult.** There are stands for the main track, but personal seating may be needed for Long Jump, Pole Vault & Throws. It is better to wait until after 4:15 to try and enter campus if possible.

**Concessions & Hospitality:** Concessions will be available on the south end under the bleachers. Coaches hospitality will be located in the track facility. ONLY team coaches & our facility

workers will be allowed in the hospitality room and ONLY BIXBY ATHLETES inside the facility locker rooms.

**Team Camp & Restrooms:** Please leave the field & stands clear of camps. Camps can be set up East of the South Side bleachers between the soccer facility & softball wall. Restrooms are on the sides of the soccer facility located under the bleachers.

**Event Entries**: Entries will be limited to three individuals and one relay team per team entered. ¼ inch or less spikes permitted. All running events will be timed finals.

**Medals & Awards:** Medals will be awarded to the top three placers in each event. Team plaques will be awarded to the 1st & 2nd place team in each division (Girls & Boys).

Scoring: 10-8-6-4-2-1 and double for relays

**Starting Height**: Starting heights & minimum marks will be discussed at the coaches meeting. Each athlete will be given three throws/jumps in the prelims. The top eight performers will advance to the finals and be given three additional attempts.

All OSSAA Rules Apply.

### **Contact us with any questions:**

Head Boys' Coach Doug Behrens: <a href="mailto:dbehrens@bixbyps.org">dbehrens@bixbyps.org</a> or

Head Girls' Coach Madison Eckert: meckert@bixbyps.org



SPARTAN TRACK & FIELD INVITATIONAL

#### APRIL 3rd, 2025

# **ORDER OF EVENTS**

#### **Coaches Meeting: 3:30 PM**

Meeting will be located in the Bixby Track & Field Facility just North of the track.

# Field Events Begin at 4:00 PM

High Jump Boys, Girls

Long Jump Girls, Boys

Discus Girls, Boys

Shot Boys, Girls

Pole Vault Girls, Boys

### **Running Events Begin at 4:30 PM**

4x100m Relay Girls, Boys

4x800m Relay Girls, Boys

100m Hurdles Girls

110m Hurdles Boys

100m Dash Girls, Boys

3200m Run Girls, Boys

4x200m Relay Girls, Boys

800m Run Girls, Boys

400m Dash Girls, Boys

300m Hurdles Girls, Boys

200m Dash Girls, Boys

1600m Run Girls, Boys

4x400m Relay Girls, Boys - - - - - Gauntlet (After the first handoff, we allow

teammates/athletes to line the track on the home stretch in lane 4 to cheer on their team for the remaining legs of the race. It's a fun tradition for us)