



## **Beavers Bend Relay**

Broken Bow, Oklahoma

April 25th, 2025

Coaches, we are proud to invite you to our Beavers Bend Relay Invitational High School Track Meet. Coaches Meeting will start at 10:00am. Field events will start at 10:30am. Running events 4 X 800 will start at 10:30 am, all other running will begin at 11:00am. As the meet approaches, coaches will receive a QR code for them to register athletes. You must contact one of the coaches below to inform us of your attendance.

- There will be two divisions- girls and boys
- ¼ inch spikes or shorter only- starter blocks will be provided
- We will have preliminary and top 8 go to finals. (LJ, Shot, Discus)
- Awards: medals for 1st, 2nd, and 3rd
- Heating will be at the bleachers
- Camping is East and North around the track
- South side of the track is for adults only (**NO CAMPING**)
- Concession: Available
- Admission: Adults \$3.00 & Students \$2.00
- Entry Fee: \$100 per team or \$200 for both teams  
\$20 per individual (more than 4 is a team)
- Checks should be made out to Broken Bow Track

Mail to: Duce Lee

108 W. 5th St

Broken Bow, OK 74728

If you plan on attending, need further information, or in case of inclement weather: Please contact:

**Coach Duce Lee (580) 579-3606**

**Coach Jontaa' Jett (580) 212-9606**

**Coach Rick Lang**



## ORDER OF EVENTS

10:00am Coaches Meeting (East side of Concession Stand)

10:30am Field Events:

|            |             |
|------------|-------------|
| Shot       | Girls/ Boys |
| Discus     | Boys/ Girls |
| Long Jump  | Girls/ Boys |
| High Jump  | Boys/ Girls |
| Pole Vault | Boys/ Girls |

### Running Events:

10:30 am 4 X 800 Relay Girls/ Boys

11:00am

|               |             |
|---------------|-------------|
| 4 X 100 Relay | Girls/ Boys |
| 800m Run      | Girls/ Boys |
| 100 m Hurdles | Girls       |
| 110m Hurdles  | Boys        |
| 100m Dash     | Girls/ Boys |
| 400m Dash     | Girls/ Boys |

3200m Run Girls/ Boys

|                 |                                 |
|-----------------|---------------------------------|
| 4 X 200 Relay   | Girls/ Boys                     |
| 300m Hurdles    | Girls/ Boys                     |
| 200m Dash       | Girls/ Boys                     |
| 1600m Run       | Girls/ Boys                     |
| Throwers Relay- | must have one girl on your team |
| 4 X 400 Relay   | Girls/ Boys                     |

• BROKEN BOW HIGH •  
SCHOOL



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