Canadian Valley Conference High School Track Meet

Date: Tuesday April 22, 2025

Place: Marlow Middle School Track/ **Park Buses at the Outlaw Gym**

Time: Coaches Meeting 4:00 p.m. -- All events 4:30 p.m.

Awards: Medals to top 5 places, top 3 in relays

Cost: $75 to cover timing / Other costs are covered by the conference

ON-LINE ENTRIES- Coaches must submit all entries on the **Athletic.net** website:

www.athletic.net — NO ADDITIONAL ENTRIES AFTER THE DEADLINE. —ONLINE

ENTRIES DEADLINE: Monday April 21, 2025 at noon. **TEAMS WILL NOT BE ADDED AT THE MEET**. If you need help with your Athletic.net account, please email your questions to jhughes@elginps.net.

MEET TIMING & RESULTS- Timing for the meet is provided by 12:1 Running TimingServices. Live results are available at www.twelve1running.com and www.athletic.net.

Check preview window prior to leaving for the meet for messages/competition numbers

Field Event Coverage

Long Jump- Bridge Creek
High Jump- Washington
Shot- Lexington
Disc- Lindsay/Davis
Pole Vault- Marlow
Heating Benches- Marlow

*Please bring workers to help you run off your event. We will not have extra workers. *

*There must be a coach present at your field event at all times. Do not let kids run your event off. *

Teams may run more than three individuals, but only three individuals and 1 relay from each school can medal.

Field Events:
Long Jump: Boys, Girls
High Jump: Girls, Boys
Shot: Boys, Girls
Disc: Girls, Boys
Pole Vault: Girls, Boys

Running Events, Timed Finals:
Order (Girls, Boys)
400m Relay
3200m Relay
100m Hurdles
110m Hurdles
3200m Run (Boys)
800m Relay
800m Run
100m Dash
3200m Run (Girls)
400m Dash
300m Hurdles
200m Dash
1600m Run
1600m Relay

Field Event Coverage

Long Jump- Bridge Creek
High Jump- Washington
Shot- Lexington
Disc- Lindsay/Davis
Pole Vault- Marlow
Heating Benches- Marlow

*Please bring workers to help you run off your event. We will not have extra workers. *

*There must be a coach present at your field event at all times. Do not let kids run your event off. *