CLAREMORE HIGH SCHOOL ZEBRA INVITATIONAL TRACK MEET Friday, April 11th 2025

MEET SCHEDULE

FIELD EVENTS – 9:30 A.M.

High Jump	Boys, Girls
Long Jump	Girls, Boys
Shot Put	Boys, Girls
Discus	Girls, Boys
Pole Vault	Boys, Girls

TIMED FINALS MEET – 10:00 A.M.

400 Meter Relay	Girls, Boys
3200 Meter Relay	Girls, Boys
100 Meter Hurdles	Girls (33")
110 Meter Hurdles	Boys (39")
3200 Meter Run	Girls, Boys
800 Meter Relay	Girls, Boys
800 Meter Run	Girls, Boys
100 Meter Dash	Girls, Boys
400 Meter Dash	Gir l s, Boys
300 Meter Hurdles	Girls (30")
300 Meter Hurdles	Boys (36")
200 Meter Dash	Girls, Boys
1600 Meter Run	Girls, Boys
1600 Meter Relay	Girls, Boys

LOCATION: ANDY PAYNE TRACK COMPLEX CLAREMORE HIGH SCHOOL 201 E. Stuart Roosa, CLAREMORE OK 74017

BEHIND HIGH SCHOOL CAMPUS / WEST SIDE OF BUILDING CONCESSION STAND WILL BE AVAILABLE NO GLASS CONTAINERS PLEASE E MAIL <u>-ewiens@claremore.k12.ok.us</u>

CLAREMORE ZEBRA INVITATIONAL TRACK AND FIELD MEET Friday, April 11th 2025

On behalf of the Claremore School System, we extend to you and your teams an invitation to participate in our high school boys and girls track and field meet at our eight lane all-weather track located at Claremore High School Complex on North Florence.

<u>Time:</u> Teams should report to the Claremore High School Track Complex (use parking lot on north of the track complex. Busses park on the west side of the lot) coaches meeting at 9:00 a.m. field events at 9:30 a.m. running events beginning at 10:00 a.m.

Entry Fee: \$110.00 for each boys and girls team. B teams can enter with a fee of \$60 each boys and girls team. \$25.00 per individual if less than four (4) members in a team. Make check payable to Claremore High School.

<u>Entry Procedure:</u> ATTENTION COACHES: the On-line Entry DEADLINE is: Friday, April 5th @ 1pm. Schools planning to attend must submit their entries on the Athletic.Net website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at: cara@runenduro.com.

<u>Divisions</u>: There will be one division for boys and one division for girls.

<u>Limitations</u>: Each contestant is limited to four (4) events, including relays. Each school is limited to (3) entrants in each event and one (1) team in each relay. The shot, discus and long jump will consist of three throws and top 8 in finals.

<u>Awards:</u> Trophies will be awarded to 1st place teams. Individual medals will be given to the top three (3) contestants in each event.

<u>Team Points</u>: The following points will be awarded to 1^{st} through 8^{th} (10-8-6-5-4-3-2-1) in individual events and (20-16-12-10-8-6-4-2) in relays.

Equipment: Claremore will furnish all starting blocks to contestants, ¼ or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

Mail to: Ath	letic Dept.	Claremore High School	918-923-4211
201 E. Stuart Roos	sa Claremore,	OK 74017	
Any questi	ons contact: Eric Wie	ens ewiens@claremore.k12.ok.us	

Please check team(s) entered: School	Boys	Girls	
Coach			
Phone			