

CLAREMORE SEQUOYAH JUNIOR HIGH TRACK

MEET 2025

DATE: MONDAY MARCH 31, 2025

TIME: COACHES MEETING: 9:00 A.M.

FIELD EVENTS 9:30 A.M. RUNNING EVENTS 9:30 A.M.

COST: \$75.00/TEAM \$15.00/INDIVIDUAL

DIVISIONS: 4 DIVISIONS- 7TH BOYS, 7TH GIRLS, 8TH BOYS, 8TH GIRLS

PARTICIPATION: EACH SCHOOL LIMITED TO 3 PER EVENT. NO MORE THAN 4 EVENTS. STARTING BLOCKS PROVIDED, OSSAA RULES APPLY, NO LONG JUMP

SEND ENTRY FEES TO: SEQUOYAH PUBLIC SCHOOLS

ATTENTION: RICHIE BURKS, BOBBY COOPER, OR BRAD HOLT

ADDRESS: 16401 SOUTH 4180 RD. CLAREMORE, OK 74017

AWARDS: MEDALS TO THE TOP 5 PERFORMERS IN EACH INDIVIDUAL EVENT. MEDAL TO TOP THREE IN EACH RELAY

POINTS: 1ST-10, 2ND- 8, 3RD-6, 4TH-4, 5TH-2, 6TH-1

RELAYS: 1ST-20, 2ND- 16, 3RD-12, 4TH-8, 5TH-4, 6TH-2

PARKING: AT THE CHURCH, WEST OF THE FOOTBALL STADIUM

SCHOOL PHONE: 918-343-5105

COACH COOPER CELL AND EMAIL: 918-344-8153

bobby.cooper@sequoyaheagles.net

COACH HOLT CELL AND EMAIL: 918-605-0201

brad.holt@sequoyaheagles.net

LIMIT: 1ST 12 TEAMS 4A AND BELOW

HOSPITALITY ROOM WILL BE PROVIDED FOR COACHES