



Coweta JH Tiger Track Classic



Thursday April 17th, 2025- 5A and Below (12 Team Limit)

On behalf of the Coweta Public Schools, we are extending an invitation to participate in our Junior High School Boys and Girls Track and Field Meet. Coweta Schools have an 8 lane Track and Field Complex just south of the Tiger Football Stadium. Limited to the first 12 confirmed schools.

Schools planning to attend this meet must submit their entries to [OKmilesplit](https://okmilesplit.com) –please contact scott.chronister@cowetaps.org for questions and invitation code

No late entries accepted. - - - Schools planning to attend must submit their entries on the [ok.milesplit.com](https://okmilesplit.com) website by completing ALL the necessary steps on the “ENTRIES Window”. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. - - - **DEADLINE IS TUESDAY April 15th @5pm**

Location:

Coweta High School
14705 S. 305th St
Coweta OK, 74429

Coweta High School Mailing Address:

Coweta High School
Attn: Kathleen Harris
PO Box 550
Coweta, Ok. 74429

Bus Parking:

Buses will be parked in the parking lot near the Coweta Football Stadium, please park at the north end of the lot.

Fees:

\$75.00 for each division; 7th grade boys, 7th grade girls, 8th grade boys, 8th grade girls (4 divisions. For teams of four athletes or less: \$10.00 per person. Make checks payable to: Coweta Public Schools.

Time:

A coaches meeting will be at 2:00pm in the track building south of the finish line. Field Events will begin at 2:30pm and running events will begin at 3:00pm.

Limitations:

Each school is limited to one (1) relay team.
Each school is limited to three (3) competitors per event.
Each contestant is limited to four events, including relays and field events.

Medals:

Medals will be awarded to the top three finishers in each event.

Team Points:

Awarded to top six finishers (10 –8 –6 –4 –2 - 1) in individual events and in relays, (20 –16 –12 –8 –4 –2).

Equipment:

Coweta will furnish all starting blocks to contestants. ¼” spikes, or shorter, are required. DO NOT USE TAPE ON THE TRACK.

Dressing facilities:

NO DRESSING FACILITIES.

Break:

We will feed coaches and workers at the break

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

Scott Chronister - Head Track Coach
School (918) 486-4474

Email Address: scott.chronister@cowetaps.org
Dewayne Hunter, AD Office# (918) 486-6103 Fax: (918) 486 7307



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2:30pm
FIELD EVENTS

POLE VAULT 7G, 8G, 7B, 8B
HIGH JUMP 7B, 8B, 7G, 8G
LONG JUMP 7G, 8G, 7B, 8B
SHOT PUT 7B, 8B, 7G, 8G
DISCUS 7G, 8G, 7B, 8B

NOTE: SHOT PUT, DISCUS, LONG JUMP, will be prelims/finals format, will be 3 throws/jumps in the prelims and 3 in the finals, 8 athletes will be taken to the finals

We will use qualifying marks in the shot, disc, and long jump. The distances will be determined at the 2:00pm coaches meeting.

All implements must be marked with appropriate weights

All running events will be 7G, 8G, 7B, 8B unless noted

ORDER OF EVENTS

3:00pm

400 METER RELAY GIRLS BOYS
3200 METER RELAY GIRLS BOYS (G/B together by Grade)
100 M HURDLES GIRLS 30"
110 M HURDLES BOYS 30"
800 METER RELAY GIRLS BOYS
800 METER RUN GIRLS BOYS
100 METER DASH BOYS GIRLS
Break
400 METER DASH GIRLS BOYS
300 METER HURDLES GIRLS 30"
300 HURDLES BOYS 30"
200 METER DASH GIRLS BOYS
1600 METER RUN GIRLS BOYS (G/B together by Grade)
1600 METER RELAY GIRLS BOYS