

GUYMON 5-6/7-8 GRADE INVITATIONAL TRACK MEET TUESDAY, MARCH 25TH, 2025



Guymon Schools will be hosting a 5-6/7-8 grade track meet on March 25, 2025. We have a brand new 8-lane track! We wish to extend an invitation to your teams.

This will be a **FINALS ONLY** meet. We will medal 1st-5th for individual events and relays. OSSAA & NFHS rules will apply. **You must register online through OKMilesplit.**

We will allow "B" teams at the meet. If you wish to enter a "B" team you may do so at no charge. They will receive points, but no medals. Please limit your "B" teams to four athletes per event. If you would like to pay an additional entry fee for your "B" team we will give them medals. **Please enter B teams through OKMilesplit.**

We have a large concession stand with a variety of foods that will be available to athletes and fans. A coach's hospitality room will be available.

5-6/7-8 Grade Meet

Date: Tuesday, March 25th, 2025

Divisions: Elementary (5-6) JH (7-8)

Cost: \$125 per team (\$250 boys & Girls, \$500 for all 4 teams), \$20.00 per individual, if less than four members on a team.

Coaches Meeting: 9:15AM

Start Time: 10:00AM

Equipment: Please use short 1.4 inch spikes. No tape on the track. Starting blocks provided.

Limitations: Each contestant is limited to four events including relays. Each school is limited to three entrants in each event (*A Teams*) and one team in each relay. (*A & B Teams*).

ALL TEAM ENTRIES MUST BE COMPLETED ONLINE: Registration deadline is March 24th at 6PM
<https://ok.milesplit.com/meets/647652-guymon-invitational-middle-school-track-meet-2025/info>

Milesplit Questions reach out to: Braden Larcom at kjadams@midwesttiming.com

Please address Entry Fee Payment to:

Guymon Track
C/O: Andy Brown
801 N. Beaver Street
Guymon, OK 73942

If you have any questions please call Andy Brown (580) 817-0219 OR Ty Ware (806) 339-3761
Email: andy.brown@guymontigers.com

Guymon 5/6 and 7/8 Track Meet

Tuesday, March 25, 2025

9:15AM **COACHES MEETING**

10:00AM **FIELD EVENTS**

SHOT AND DISCUS - 3 THROWS

LONG JUMP - 3 JUMPS

Shot Put	5/6 Girls (6lbs)	7/8 boys (4K)	5/6 Boys (6lbs)	7/8 Girls (4K)
Discus	5/6 Boys	5/6 Girls	7/8 Girls	7/8 Boys
HJ (East)	7/8 Girls	7/8 Boys		
HJ (West)	5/6 Boys	5/6 Girls		
Pole Vault	7/8 Girls	7/8 Boys		
LJ (North)	7/8 Boys	5/6 Boys		
LJ (South)	5/6 Girls	7/8 Girls		

12:00

Running Events – Timed Finals

3200 Relay	7/8 Girls, 7/8 Boys
400 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Hurdles (30")	5/6 Girls, 5/6 Boys, 7/8 Girls
110 Hurdles (33")	7/8 Boys
800 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
800 Run	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
400 Run	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
300 Hurdles (30")	7/8 Girls, 7/8 Boys
200 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
1600 Run	7/8 Girls, 7/8 Boys
1600 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys