

# GUYMON 5-6/7-8 GRADE INVITATIONAL TRACK MEET

## TUESDAY, MARCH 25<sup>TH</sup>, 2025



Guymon Schools will be hosting a 5-6/7-8 grade track meet on March 25, 2025. We have a brand new 8-lane track! We wish to extend an invitation to your teams.

This will be a **FINALS ONLY** meet. We will medal 1<sup>st</sup>-5<sup>th</sup> for individual events and relays. OSSAA & NFHS rules will apply. **You must register online through OKMilesplit.**

We will allow "B" teams at the meet. If you wish to enter a "B" team you may do so at no charge. They will receive points, but no medals. Please limit your "B" teams to four athletes per event. If you would like to pay an additional entry fee for your "B" team we will give them medals. **Please enter B teams through OKMilesplit.**

We have a large concession stand with a variety of foods that will be available to athletes and fans. A coach's hospitality room will be available.

### 5-6/7-8 Grade Meet

**Date:** Tuesday, March 25th, 2025

**Divisions:** Elementary (5-6)    JH (7-8)

**Cost:** \$75 per team (\$150 Boys & Girls, \$300 for all 4 teams), \$20.00 per individual, if less than four members on a team.

**Coaches Meeting:** 9:15AM

**Start Time:** 10:00AM

**Equipment:** Please use short 1.4 inch spikes. No tape on the track. Starting blocks provided.

**Limitations:** Each contestant is limited to four events including relays. Each school is limited to three entrants in each event (*A Teams*) and one team in each relay. (*A & B Teams*).

**ALL TEAM ENTRIES MUST BE COMPLETED ONLINE: Registration deadline is March 24<sup>th</sup> at 6PM**  
<https://ok.milesplit.com/meets/647652-guymon-invitational-middle-school-track-meet-2025/info>

Milesplit Questions reach out to: Braden Larcom at [kjadams@midwesttiming.com](mailto:kjadams@midwesttiming.com)

**Please address Entry Fee Payment to:**

Guymon Track  
C/O: Andy Brown  
801 N. Beaver Street  
Guymon, OK 73942

If you have any questions please call Andy Brown (580) 817-0219 OR Ty Ware (806) 339-3761  
Email: [andy.brown@guymontigers.com](mailto:andy.brown@guymontigers.com)

# Guymon 5/6 and 7/8 Track Meet

Tuesday, March 25, 2025

**9:15AM**      **COACHES MEETING**

**10:00AM**      **FIELD EVENTS**

*SHOT AND DISCUS - 3 THROWS*

*LONG JUMP - 3 JUMPS*

Shot Put (West) 5/6 Girls (6lbs)    5/6 Boys (6lbs)

Shot Put (East) 7/8 Boys (4K)    7/8 Girls (4K)

Discus (East) 7/8 Girls    7/8 Boys

Discus (West) 5/6 Boys    5/6 Girls

HJ (East) 7/8 Girls    7/8 Boys

HJ (West) 5/6 Boys    5/6 Girls

Pole Vault 7/8 Girls    7/8 Boys

LJ (North) 7/8 Boys    5/6 Boys

LJ (South) 5/6 Girls    7/8 Girls

**12:00**      **Running Events – Timed Finals**

3200 Relay    7/8 Girls, 7/8 Boys

400 Relay    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

100 Hurdles (30")    5/6 Girls, 5/6 Boys, 7/8 Girls

110 Hurdles (33")    7/8 Boys

800 Relay    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

800 Run    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

100 Dash    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

400 Run    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

300 Hurdles (30")    7/8 Girls, 7/8 Boys

200 Dash    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys

1600 Run    7/8 Girls, 7/8 Boys

1600 Relay    5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys