GUYMON HS INVITATIONAL TRACK MEET
FRIDAY, MARCH 28TH, 2025

Guymon High School will be hosting a high school track meet on March 28, 2025. We have a brand new 8-lane track! We wish to extend an invitation to your teams.
This will be a ***FINALS ONLY*** meet and all OSSAA regulations will apply. We will medal 1-3rd on individual events and relays & team trophy for 1st place. ***You must register online through OKMilesplit.***

We will allow "B" teams at the meet at no charge if a varsity team is competing. They will receive team points, but no medals. Please limit your "B" teams to four athletes per event. If you would like to pay an additional entry fee for your "B" team we will give them medals. ***Please enter B teams through OKMilesplit.***

We have a large concession stand with a variety of foods that will be available to athletes and fans. A coach's hospitality room will be available.

High School Meet

Date: Friday, March 28th, 2025

Divisions: High School (9-12)

Cost: $100 per team ($200 Boys & Girls), $20.00 per individual, if less than four members on a team.

Coaches Meeting: 9:15AM

Start Time: 10:00AM Field Events, 11:00AM 3200 Relay, 11:30AM Running Events

Equipment: Please use short 1/4 inch spikes. No tape on the track. Starting blocks provided.

Limitations: Each contestant is limited to four events including relays. Each school is limited to three entrants in each event (*Varsity teams*) and one team in each relay. (*Varsity & JV*)

ALL TEAM ENTRIES MUST BE COMPLETED ONLINE: REGISTRATION DEADLINE IS 6PM ON MARCH 27TH.
https://ok.milesplit.com/meets/647650-guymon-invitational-track-meet-2025

Milesplit Questions reach out to: Braden Larcom at kjadams@midwesttiming.com

Please address Meet Payment to:
Guymon Track & Field
C/O: Andy Brown
801 N. Beaver Street
Guymon, OK 73942

If you have any meet questions please call Andy Brown (580) 817-0219 OR Ty Ware (806) 339-3761
Email: andy.brown@guymontigers.com

Guymon Invitational Track Meet
Schedule of Events
March 28, 2025

9:30AM	Coaches Meeting	
	FIELD EVENTS	**ORDER**
10:00AM	Shot Put	Boys, Girls
	Discus	Girls, Boys
	High Jump	Boys, Girls
	Pole Vault	Boys, Girls
	Long Jump	Girls, Boys
11:00AM	3200 Relay	Girls, Boys
	FINALS ONLY	**ORDER**
11:30AM	400 Relay	Girls, Boys
	100 H. Hurdles 33”	Girls
	110 H. Hurdles 39”	Boys
	3200 Run	Boys
	800 Relay	Girls, Boys
	800 Run	Girls, Boys
	100 Dash	Girls, Boys
	3200 Run	Girls
	400 Dash	Girls, Boys
	300 I. Hurdles 30”	Girls
	300 I. Hurdles 36”	Boys
	200 Dash	Girls, Boys
	1600 Run	Girls, Boys
	1600 Relay	Girls, Boys