

# Hennessey 5th/6th Grade Track Meet 4A and Below

#### **Public Schools Only**

On behalf of Hennessey Public Schools, we would like to invite you and your teams to participate in our track meet. This will be a timed finals meet.

**DATE:** April 16th, 2025

**TIME:** Coaches meeting will be held at 9:30 A.M. with field events starting promptly at 9:45 A.M. and running events at 10:30 A.M.

**DIVISIONS:** 2 divisions; 5/6 girls and 5/6 boys

**PARTICIPATION:** Only four (4) events may be entered by one contestant. Each team may enter three (3) contestants per individual event and one (1) team per relay event.

1/4" or less pyramid spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.

**ENTRY FEE**: Fee is \$60 per team, or \$120 for both teams. If less than four (4) athletes from a school, the fee is \$10 per athlete. Please make checks payable to Hennessey Public Schools.

**AWARDS:** Medals will be awarded for 1st – 3rd place for individual events and relays. Team scores will be kept, and team trophies will be presented.

A concession stand will be open. Hospitality room available for coaches.

Contact Information:
(cell) 405-853-0088 (Cox)
(cell) 405-693-5026 (Baxter)
cbaxter@hps.k12.ok.us
mcox@hps.k12.ok.us

**ENTRY PROCEDURE:** No late team entries accepted. Schools planning to attend must submit their entries on the athletic.net website. Go to Events. Find the meet on the calendar to register.

Please email cbaxter@hps.k12.ok.us if you are planning to attend to confirm entries. ON-LINE ENTRY DEADLINE: April 15th @ 5pm. (Tuesday)



## Hennessey 5th - 6th Grade Order of Events

Field Events: 9:45 am

Shot Put: Boys - Girls
Discus: Girls - Boys
Long Jump: Girls - Boys
High Jump: Boys - Girls
Pole Vault: Girls - Boys

## Running Events: 10:30 am \*\*\* Timed Finals \*\*\*

<ul> <li>400 Meter Relay</li> </ul>	Girls - Boys
<ul> <li>100 Meter Hurdles</li> </ul>	Girls - Boys
<ul> <li>800 Meter Relay</li> </ul>	Girls - Boys
• 800 Meter Run	Girls - Boys
• 100 Meter Dash	Girls - Boys

#### **Proposed Break**

<ul><li>400 Meter Dash</li></ul>	Girls - Boys
<ul> <li>200 Meter Dash</li> </ul>	Girls - Boys
• 1600 Meter Run	Girls - Boys
<ul> <li>1600 Meter Relay</li> </ul>	Girls - Boys