

2025 Kingfisher Jr. High Track Meet
Hosted By
Kingfisher High School

Let me invite you to the Kingfisher Public Schools Jr. High Invitational meet on Tuesday, April 8th, 2025. This has been a great meet in the past and we look forward to continuing this great tradition. Please consider attending our meet. If you wish to attend, you must email me at sseifried@kingfisher.k12.ok.us to receive an invitation code to add meet to your schedule (Step #2) on trackroster.com. **We will only allow 12 teams.** This is a **SEEDED ENTRY MEET**, please read all the information below carefully.

IF YOU DO NOT ENTER CORRECTLY, YOU WILL NOT COMPETE.

ON-LINE ENTRIES—Coaches must submit all entries on the **Athletic.net** website: www.athletic.net — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE ENTRIES DEADLINE:** (**** INSERT DAY PRIOR TO MEET HERE ****) at noon. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Athletic.net account, please email your questions to jhughes@elginps.net.

MEET TIMING & RESULTS—Timing for the meet is provided by **12:1 Running Timing Services**. Live results are available at www.twelve1running.com and www.athletic.net.

Entry Fee: \$60.00 per team or \$240.00 for both boys and girls (7th & 8th G/B)
Make checks payable to Kingfisher Track and Field and bring with you or send to

Kingfisher High School
1500 S 13th St,
Kingfisher, OK 73750

Event Entries will be limited to three individuals and one relay team per school.

Buses will park in front of Kingfisher JH.

Awards will be given to the top three in each event along with a team champion and runner-up.

Points will be awarded as follows. Individual 10 / 8 / 6 / 4 / 2 / 1
Relays 20 / 16 / 12 / 8 / 4 / 2

OSSAA Rules Apply

Coaches Meeting: 9:30

Field Events: 9:45

Running Events: 9:45

Order of Events

Field

Long Jump- 8G, 7G, 8B, 7B

High Jump- 8B, 7B, 8G, 7G

Shot Put- 7G, 7B, 8G, 8B

Discus- 8G, 8B, 7G, 7B

Pole Vault- Girls, Boys (Will – Score/Medal Separate)

Running **We will combine runners if possible!**

Running will follow this order 7G/8G/7B/8B

400 Meter Relay	Girls / Boys
3200 Meter Relay	Girls/ Boys
100/110 Hurdles	Girls / Boys
3200 Meter Run	Girls /Boys
800 Meter Relay	Girls/ Boys
800 Meter Run	Girls / Boys
100 Meter Dash	Girls / Boys
400 Meter Dash	Girls / Boys
300 Meter Hurdles	Girls / Boys
200 Meter Dash	Girls / Boys
1600 Meter Run	Girls / Boys
1600 Meter Relay	Girls / Boys