

# **Lindsay Leopard JH Invitational**

## **4/3/2025**

We would like to invite you to the Lindsay Leopard Invitational track and field meet. The meet will be **Thursday, April 3rd**, with the coaches meeting beginning at **9:00** followed by the **field events at 9:30 and the running events at 10:00**. We have a 6-lane all-weather surface and would ask that your athletes wear 1/4-inch spikes. Hospitality will be provided for all of your coaches.

### **Divisions**

7 Girls/7 Boys/JH Boys/JH Girls

### **Entry Fees**

\$100 per division or \$200 per girls/boys team. \$20 for individuals (5 or less).

Please make checks payable to Lindsay Public School. You can mail checks to: Lindsay Public Schools, 800 W. Creek; Lindsay, OK 73052 or bring them to the meet.

### **Field Events 9:30**

Long Jump – 7B/7G/JHB/JHG  
High Jump – JHB/JHG/7B/7G  
Shot –JHB/JHG/7B/7G  
Discuss – 7G/7B/JHB/JHG  
Pole Vault –7B/7G/JHB/JHG

### **Running events 10:00**

400 Relay – Girls/Boys  
3200 Relay – Girls/Boys  
100 Hurdles – Girls  
110 Hurdles - Boys  
  
800m Relay – Girls/Boys  
800m – Girls/Boys  
100m – Girls/Boys  
400m – Girls/Boys  
300m Hurdles – Girls/Boys  
200m – Girls/Boys  
  
1600m – Girls/Boys  
1600 Relay – Girls/Boys

The top six places in each event and the top three relays will receive medals. Team points will be kept, but no trophy will be given.

OSSAA rules will govern the meet.

### **Contacts**

Sam Hembree- Head Boys 918-949-8555

Matt Lane- Head Girls 405-416-3808

Tom Ferguson – Athletic Director 405-756-5744 (cell)