McAlester High School welcomes you to our annual Clark Bass Invitation to be held at our eight lane all-weather track facility located at Hook Eales Stadium. March 28, 2025. The meet will be a timed finals event. Schedule is enclosed.

17 Team Limit! Please call in advance to ensure your spot in the meet. We will be using FAT Timing and scoring for the meet. Each runner will enter at the heat benches.. PLEASE EMAIL Coach Skimbo, for the QR entry code.

Entry Fee: $100 for each boys and girls team; $15 per individual if less than (4) members. Make checks payable to McAlester Athletic Department.

Divisions: There will be (2) divisions; varsity boys and varsity girls. 5A-below

Parking: Stadium is located at 1310 N 6th Street. Please see attached map.

Time: All teams should report to the stadium by 9:00am for a coaches meeting at the indoor facility. Field Events will start at 9:30am. Running Events will begin at 10:15am.

Event Check In: See Order of Events

Weigh In: All implements will need to be weighed in prior to competition. Weigh in will be inside the indoor facility.

Limitations: Each contestant is limited to FOUR (4) events including relays. Each school is limited to THREE (3) entrants in each event.and one(1) entry in relay events.

Awards: Trophies will be awarded to the 1st and 2nd place in both divisions. Medals will be awarded to 1st thru 3rd in all events.

Scoring: Awarded to 1st thru 6th places, 10-8-6-4-2-1 for individuals, relays will be doubled.

Equipment: Blocks will be provided. ¼", or shorter, spikes are required.

OSSAA RULES APPLY

Please feel free to contact us with any questions.

Head Track Coach Director of Athletics
Johnny Skimbo James Singleton
(918) 465-6587 (918) 774-5792
jskimbo@mpsbuffs.org jsingleton@mpsbuffs.org

Order of Events

Running Events

Begin at 10:15am

400 Relay Girls-Boys
3200m Relay Girls-Boys
100m Hurdles Girls
110m Hurdles Boys
3200m Run Boys
800m Relay Girls-Boys
800m Run Girls-Boys
100m Dash Girls-Boys
Proposed 30 minute break
3200m Run Girls
400m Dash Girls-Boys
300m Hurdles Girls-Boys
200m Dash Girls-Boys
1600m Run Girls-Boys
1600m Relay Girls-Boys

Field Events

Begin at 9:30am

High Jump Girls-Boys
Long Jump Boys-Girls
Discus Girls-Boys
Shot Boys-Girls
Pole Vault Boys-Girls

- All athletes have been assigned a competitor number. Athletes shall write their competitor number on his or her right hand, when they arrive at the meet.

- Athletes in lane running events need to check in at the north end of the track near the finish line 30 minutes prior to their event(s).

- Athletes in non-lane running events need to check in at the start line.
- Field event athletes will check in at the event site(s).
- Coaches-let us know how many coaches you will be bringing for Coaches Feed.

RED AREAS ARE ACCESS GATES:

You may drop your athletes off at the east side main entrance, but please park on the west side of the stadium.