

# Bishop **McGuinness** Catholic High School “Clancy Classic”

Thursday, March 13, 2025 (OSSAA Rules apply - including uniforms & sportsmanship)

The Bishop McGuinness Track program would like to invite your school to participate in our High School track meet. The meet will be held at Bishop McGuinness High School, located at 801 NW 50<sup>th</sup>. This is a “Seeded Entry” – “Timed Finals” meet. \*\*\*OUR MEET WILL FEATURE F.A.T. (Fully Automatic Timing)\*\*\*

ATTENTION COACHES: Team entries will be limited to 10 teams (for real this year) Contact Scott Stevenson at [sstevenson@bmchs.org](mailto:sstevenson@bmchs.org) to receive conformation. This meet is full. Coaches will receive an email from Athletic.net with entry information.

**\*\*\*\*NEW THIS YEAR. NEW START TIME!! ENTRIES THROUGH Athletic.Net\*\*\*\***  
**\*\*\*\*No separate B Teams, you have 5 entries in each individual race or field event, and unlimited relays.**

ONLINE ENTRIES: This invitation-only, seeded Track Meet will be entered through Athletic.Net. Coaches, please ensure you have an account on Athletic.net and are associated with your team. Directions for signing up and connecting with your team can be found [HERE](#). All Entries are due the day before the track meet at 11:59 AM (Noon). If you wish to attend, please contact the track meet directors for an Invitation through Athletic.Net. Heats and Flights will be published to <https://live.athletic.net/meet-list> on the day of the Meet. Questions about entry through Athletic.net, Contact Matt George: [mgeorge@bmchs.org](mailto:mgeorge@bmchs.org)

**Entry Fee: \$125.00 (boys team) and \$125.00 (girls team) (\$250.00 total) and \$25.00 per individual (up to 5).**

Make checks payable to Bishop McGuinness Catholic High School. You can bring it with you or have it mailed to: Bishop McGuinness Catholic High School,  
Attention Scott Stevenson  
801 NW 50<sup>th</sup> Street  
Okc, Ok 73118

**Time:** 1:00pm Coaches Meeting - - - 1:30pm Field Events - - - 2:00pm Running events

**Divisions:** There will be two divisions: HS Boys and HS Girls

**Timing:** We will use the new FT-90 Fully Automatic Timing System from FlashTiming, Entries through Athletic.net

**Limitations:** Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event. Each school can have unlimited relay entries, although all “A” relays will run in the same heat. **Only three (3) athletes and one (1) relay from a school can score points.**

**NOTE:** Athletes cannot compete as “A-Team” in some events, and “B-Team” in other events.

**Medals** awarded to the top five individual places, and the top three relays teams.

**Trophies:** Team points will be kept, but no team awards

**Team Points:** Awarded 1<sup>st</sup> through 6<sup>th</sup> places (10,8,6,4,2,1) in individual races, and in relays - - - 20,16,12,8,4,2.

**Equipment:** We will provide all starting blocks. 1/4” or shorter spikes are required.

Scott Stevenson: (405) 255-5723 [sstevenson@bmchs.org](mailto:sstevenson@bmchs.org) -or- [jhamilton@bmchs.org](mailto:jhamilton@bmchs.org)

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## **RUNNING EVENTS—2:00pm START TIME**

4 X 100 RELAY	GIRLS, BOYS
4 X 800 RELAY	GIRLS, BOYS
100 INTER. HURDLES	GIRLS
110 HIGH HURDLES	BOYS
3200 RUN	BOYS
4 X 200 RELAY	GIRLS, BOYS
800 RUN	GIRLS, BOYS
100 DASH	GIRLS, BOYS
3200 RUN	GIRLS
400 DASH	GIRLS, BOYS
300 LOW HURDLES	GIRLS
300 INTER. HURDLES	BOYS
200 DASH	GIRLS, BOYS
1600 RUN	GIRLS, BOYS
4 X 400 RELAY	GIRLS, BOYS

## **FIELD EVENTS—1:30 START TIME**

**3 preliminary attempts in Shot, Discus, Long Jump, Top 7 advance to Finals**

**Starting heights for High Jump will be determined at coaches meeting.**

SHOT PUT	GIRLS / BOYS
DISCUS	BOYS / GIRLS
LONG JUMP	BOYS / GIRLS
HIGH JUMP	GIRLS / BOYS
POLE VAULT	GIRLS / BOYS