



On behalf of Miami Public Schools, we extend to you and your school, a sincere invitation to participate in our high school track and field meet taking place on **Friday, April 4th**. The meet will consist of 5A and below with a max of 15 teams.

Please try to limit your athletes to 3 members from your school competing in each event.

Example: 3 shot putters, 3 100m runners, etc.

We look forward to being able to host you and your athletes!

Contact information

Brad Homer
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Emilee Gardner
Head HS Girls
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Entry Deadline:

ON-LINE ENTRIES- Coaches must submit all entries on the **Athletic.net website:**

www.athletic.net — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE ENTRIES DEADLINE:** (Thursday, April 3rd) at noon. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Athletic.net account, please email your questions to jhughes@elginps.net.

MEET TIMING & RESULTS- Timing for the meet is provided by **12:1 Running Timing**

Services. Live results are available at www.twelve1running.com and www.athletic.net.

Entry Fee:

\$100 per HS division

\$15 per individual (5 or less athletes)

**Meet Schedule:**

Coaches Meeting 9:30 am

Meet Start time 10:00 am

Field Events- 10:00am

High Jump - Girls, Boys

Long Jump - Boys, Girls

Discus - Girls, Boys

Shot Put - Boys, Girls

Pole Vault - Boys, Girls

Times Finals - 10:15am

400 meter relay

3200 meter relay

100 meter hurdles (33" girls)

110 meter hurdles (39" boys)

3200 meter run (boys)

800 meter relay

800 meter run

100 meter dash

3200 meter run (girls)

400 meter dash

300 meter hurdles (30" girls)

300 meter hurdles (36" boys)

200 meter dash

1600 meter run

1600 meter relay