



On behalf of Miami Public Schools, we extend to you and your school, a sincere invitation to participate in our high school track and field meet taking place on **Monday, April 7th**. The meet will consist of 5A and below with a max of 15 teams.

Please try to limit your athletes to 3 members from your school competing in each event.

Example: 3 shot putters, 3 100m runners, etc.

We look forward to being able to host you and your athletes!

Contact information

Brad Homer
Head HS Boys
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Emilee Gardner
Head HS Girls
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918-961-2624

Rusty Mercer
Athletic Director
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Entry Deadline:

ON-LINE ENTRIES- Coaches must submit all entries on the **Athletic.net website:** www.athletic.net — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE ENTRIES DEADLINE:** (Sunday, April 6th) at noon. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Athletic.net account, please email your questions to jhughes@elginps.net.

MEET TIMING & RESULTS- Timing for the meet is provided by **12:1 Running Timing Services.** Live results are available at www.twelve1running.com and www.athletic.net.

Entry Fee:

\$80 per JH division
\$10 per individual (5 or less athletes)

**Meet Schedule:**

Coaches Meeting 9:30 am

Meet Start time 10:00 am

Field Events- 10:00am

High Jump - 7G-8G-7B-8B

Long Jump - 8G-7B-8B-7G

Discus - 7B-8B-7G-8G

Shot Put - 7G-8G-7B-8B

Pole Vault - 8B-7B-8G-7G

Times Finals - 10:15am

400 meter relay

3200 meter relay (**may be combined*)

100 meter hurdles (girls)

110 meter hurdles (boys)

800 meter relay

800 meter run

100 meter dash

400 meter dash

300 meter hurdles

200 meter dash

1600 meter run

1600 meter relay