Midwest City Invitational Track Meet Invitation

We are excited to invite you and your team to the **Midwest City Invitational Track Meet** on **Saturday, March 1st, 2025**. This is a great opportunity for your athletes to compete and showcase their skills in a well-organized and competitive event. *Spots are limited to only 7 schools, so please reach out as soon as possible to secure your team's participation.*

Event Details:

Awards: Medals will be given to the top the athletes in

• **Date**: Saturday, March 1st, 2025 each individual and relay race. Awards may be

• Location: Rose Field, 701 East Lockheed Ave. Midwest picked up on the football field following the 1600 City, OK 73130 Meter Relay.

• Coaches Meeting: 8:30 a.m.

• Field Events: 9:00 a.m.

• Running Events: 9:30 a.m. (B Teams allowed)

Contact: In case of bad weather or other updates prior to the meet, please contact **Tim Thomas** at 405-219-0458 or check the Endurousa website at www.edurousa.com. **Important Deadlines:**

- Schools planning to attend must submit their entries via **Athletic.Net** (Seeded Entries meets).
- The entry deadline for this meet is Feb, 28th, 2025, at 5:00 p.m.

We hope you can join us for what promises to be an exciting and well-run event. Spots are limited to only 7 schools, so please reach out as soon as possible to secure your team's participation.

Field Events: Each competitor will have three (3) preliminary attempts. The top 8 will qualify for the finals, **Parking:**

where they will receive three (3) additional Bus parking will be located south of the football field.

attempts.

Entry Fees:

- \$100 per High School Team
- \$200 for both Boys & Girls teams
- \$10 per individual if you have 5 or fewer team members

Send Entry Fees To: Midwest City High School Attention: Track Meet 213 Elm Street Midwest City, OK 73110

Admission: Admission will be charged for spectators:

• \$5 for Adults

\$5 for Students

Hospitality Room: A hospitality room will be available for coaches in the Field house.

Breakfast and lunch will be provided.

Concession: The concession stand will be open for refreshments.

Midwest City High School Invitational

Track and Field Meet 2025 Schedule

Coaches Meeting 8:30 am (In Hospitality)

Field Events-9:00 am

High Jump Long Jump Discus Shot Pole Vault

Running Events – 9:30 am

4 x 100 Relay- Girls/Boys 4 x 800

Relay- Girls/Boys 100 Hurdles-

Girls 110 Hurdles- Boys 3200

Run- Girls/Boys 4 x 200 Relay-

Girls/Boys 800 Dash- Girls/Boys

100 Dash- Girls/Boys 400 Dash-

Girls/Boys 300 Hurdles- Girls 300

Hurdles- Boys 200 Dash-

Girls/Boys 1600 Run- Girls/Boys

4 x 400 Relay- Girls/Boys