

The Jerry Brady Invitational

Norman High School – Norman, OK

Saturday, April 12, 2025

On behalf of the Norman Public Schools, we would like to extend an invitation to participate in our boys and girls track meet. The meet will be held on Saturday, April 12, 2025.

IMPORTANT: you must e-mail to verify that you are coming and if there is still room.

This is a “**Roster ENTRIES**” meet. Please read all the information below carefully.

E-mail Coach Monnard to confirm entry and that there is still room: smonnard@normanps.org

ATTENTION COACHES: the On-line Entry DEADLINE is: **Friday, April 11th @ 1pm.** Schools planning to attend must submit their entries on the **Athletic.Net** website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at: cara@runenduro.com.

9:15 Coaches meeting (in hospitality room)

10:00 Field events begin

10:15 Running events begin

General:

- There will be 4 divisions, boys and girls
- Limitations: 4 event limit per contestant; each school may enter 3 individuals per event
- Team scoring will be 10-8-6-4-2-1 individual, relays are doubled
- Participants must wear ¼” or less spikes.
- Contestants will need to check-in at the heating benches
- Awards may be picked up at the press box following 1600-meter relay
- Plaques will be awarded to the winning teams in each division
- Medals will be awarded to the top 3 places
- Shot/Disc/Long Jump will get 3 attempts in prelims; top 8 will get 3 more attempts in finals
- \$75.00 for each boys and girls team. \$15 per individual if 5 or less team members

Entry Fee: \$75.00 per team. Make checks to: Alcott Middle School

Mail payment to: Alcott Middle School

Attn: Scot Monnard

1919 W. Boyd Street

Norman, Okla. 73069

(405) 366-5845

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Saturday, April 12, 2025

SCHEDULE OF EVENTS

9:15 Coaches Meeting (in hospitality room)

10:00 Field Events

10:15 Running Events (timed finals)

Field Events 10:00

High Jump	Girls-Boys
Long Jump	Boys-Girls
Discus	Girls-Boys
Shot	Boys-Girls
Pole Vault	Boys-Girls

Running Events 10:15

4 x 100 Relay	Girls-Boys
4 x 800 Relay	Girls-Boys
100 Hurdles	Girls (30)
110 Hurdles	Boys (33)
3200 Run	Girls-Boys
4 x 200 Relay	Girls-Boys
800 Dash	Girls-Boys
100 Dash	Girls-Boys
400 Dash	Girls-Boys
300 Hurdles	Girls (30)
300 Hurdles	Boys (30)
200 Dash	Girls-Boys
1600 Run	Girls-Boys
4 x 400 Relay	Girls-Boys