

# Edmond North Junior High



**March 25th, 2025**

**Field Events: 4:00PM / Running Events: 4:00 PM**

## **Entries:**

- 4 individuals/event and 2 relay teams, unlimited entries in 110/100 hurdles and 1600m.
- Seeded and preheated in advance. Athletes should report to the start line no less than 10 minutes prior to their event.
- ATTENTION COACHES: the On-line Entry DEADLINE is: Monday, March 24th @ 1pm.

all entries will be through [athletic.net](http://athletic.net) - If you need assistance with your entries, contact Cara at: [caragrunduro.com](mailto:caragrunduro.com)

## **Entry Fee:**

- \$60 per division (\$200 for combined all four divisions 7/8th, boys/girls)

**Ribbons: Awarded to top three in each event**

## **Event Order:**

Discus G-B

Shot Put B-G

High Jump B-G

Long Jump G-B

Pole Vault G & B (start together and move up through the heights)

4x100 meter relay G-B

4x800 meter relay G-B

100 meter hurdles G

110 meter hurdles B

100 meter dash G-B

3200 meter run G-B

800 meter run G-B

400 meter run G-B

300 meter hurdles G-B

200 meter dash G-B

1600 meter run G-B

4x400 meter relay G-B

## **Parking, Event Locations, Camps:**

- Team campsites are only allowed under the bleachers and grassy areas that are not directly next to field event locations. No campsites on the infield.
- Restrooms are available under the bleachers.
- Concession will be open to all under the home bleachers (cash/card accepted)
- Hospitality will be provided for coaches.

