

Oklahoma Bible Academy

High School and Middle School Invitational Track Meet

Oklahoma Bible Academy would like to invite you and your school to participate in our track meet. We have a resurfaced eight lane track in Enid, OK. This will be a timed finals meet. We will accept the first 12 schools that enroll.

Date:	Tuesday, April 22, 2025
Time:	Coaches Meeting at 8:45 a.m.
Class:	2A and below
Participation:	<p>Each school is limited to three (3) scoring participants per event.</p> <p>Participants may enter no more than 4 events. Starting blocks will be provided.</p> <p>¼" or less pyramid spikes will be required in the running and jumping events.</p>
Entry Fee:	<p>Fee is \$100 for each HS Team and \$80 per MS team.</p> <p>If less than four (4) participants from a school, the fee is \$20 per HS and \$15 per MS athlete.</p> <p>Please make checks payable to: <u>Oklahoma Bible Academy</u>. Enter teams on Athletic.net .</p> <p>On-line Entry Deadline: <u>Monday, April 21st, 2025</u>.</p>
Awards:	<p>Medaling will be 1st-3rd for Relays and 1st-5th for Individual and Field Events.</p> <p>There will be no medals for team scoring.</p>
Contact Info:	Alan Ford aford@oklahomabible.com

A Coaches meal will be provided.
Concession stand will be available.

OSSAA Rules Apply

*Based on new Regional format

8:45 Coaches meeting in the East Bus Barn
9:15 Field Events
9:30 Running Events

Field Events – 9:15

Shot	MS G-B, HS G-B
Discus	HS G-B, MS G-B
Long Jump	MS B-G, HS G-B
High Jump	HS B-G, MS B-G
Pole Vault	MS G-B, HS B-G

Running Events* 9:30 (MS Girls, HS Girls, MS Boys, HS Boys)

4 x 100 Relay
4 x 800 Relay
100/110 Hurdles
3200 Run (HS only)
4 x 200 Relay
800 Run
100 Dash
Break
400 Dash
300 Hurdles
200 Dash
1600 Run
4 X 400 Relay

*Based on new Regional format