TRACK & FIELD MEET OF CHAMPIONS

Tuesday, May 20, 2025
Stroud, OK

State Champions & Runner-Ups from each class and event are automatically qualified to compete in the OCCTCA Track & Field Meet of Champions. Those who did not finish top two wishing to be considered to fill in, should a spot become available, will be selected by State Meet 3rd-6th place order of finish per each respective class. OCCTCA rules apply. ***All late entries will incur a $10 charge.***

ATHLETE ENTRY

Coaches, please enter on Milesplit. All entries will be seeded by State Meet results ONLY.
https://ok.milesplit.com/meets/687147-occtca-meet-of-champions-2025.
1st-2nd place athletes, or relays enter the Automatic Qualifier meet per respective class.
3rd-6th place athletes, or relays enter the Additional Qualifier meet per respective class.

MIXED RELAYS

Medleys are to be composed of athletes who competed in similar relays at their respective state meets. We understand that due to the timing of the Meet of Champions, some of your athletes may have prior school related obligations that prevent their attendance. This allows our kids the opportunity to compete in a varied length relay. Entrants must have competed at the state meet to be eligible.

Sprint Medley Relay (100m, 100m, 200m, 400m)

- Athletes who competed in the 100m, 200m, 400m, 4x100, 4x200 and/ or 4x400 are eligible to compete.
- Exchanges will follow a three turn stagger.

Distance Medley Relay (1200m, 400m, 800m, 1600m)

- Athletes who competed in the 400m, 800, 1600m, 4x400 and/ or 4x800 are eligible to compete.
- First leg will cut in after completing a 1 turn stagger.

TO COMPETE

1. Athlete's coach must be a current, paid member of the OCCTCA. http://www.ohstrack.com/membership.html
2. 1A-4A entries due at 5pm the THURSDAY following the state meet.
   5A-6A entries due at 5pm the MONDAY following the state meet.
   Athletes need to declare their events in which they will be competing. Any event with less than 12 competitors, additional qualifiers will be added based on their State Meet performances.
3. Confirmed/ accepted athletes will need to check-in at registration to receive their competition jersey & packet. (Athletes will supply their own bottoms.)

If you have an athlete that did not meet these standards, but there were special circumstances (false start, no height, family emergency…) that prevented them from qualifying, please email: moc.oklahoma@gmail.com.

AWARDS

Top 6 places will receive medals.
Event champions will earn OCCTCA ALL-STATE and receive an official OCCTCA All-State MOC patch, as well as a medal.

SCHOLARSHIP RECIPIENTS

The four 2025 OCCTCA Scholarships recipients will be recognized during the designated time in the running events portion of the meet. Recipients will be notified by May 1st.

ADDITIONAL DETAILS

Location:	720 Gillespie Ave Stroud, OK 74079
Parking:	Parking is available from Gillespie Ave and around the Gymnasium off of 2nd Street.
Spectator Admission:	$5 per person

TRACK & FIELD MEET OF CHAMPIONS

ORDER OF EVENTS

CHECK-IN/ REGISTRATION OPENS AT 10:00am

FIELD EVENTS (Begin at 11:00am)

Shot Put	Boys, Girls
Pole Vault	Girls, Boys
Long Jump	Boys, Girls
Discus	Girls, Boys
High Jump	Girls, Boys

RUNNING EVENTS (Begin at 1:30pm, rolling start)

3200M Relay	Girls, Boys
400 M. Dash	Girls, Boys
3200 M. Run	Girls, Boys
100 M. Hurdles	Girls
110 M. Hurdles	Boys
100 M. Dash	Girls, Boys
Distance Medley Relay *(1200-400-800-1600)*	Girls, Boys
Sprint Medley Relay *(100-100-200-400)*	Girls, Boys
300 M. Hurdles	Girls, Boys
800 M. Run	Girls, Boys
200 M. Dash	Girls, Boys
1600 M. Run	Girls, Boys
1600 M. Relay	Girls, Boys

OCCTCA Postseason Events

Cross Country Meet of Champions/ Oklahoma vs Arkansas Cross Country All-Star

Track & Field Meet of Champions

<u>Oklahoma Track & Field All-Star Team Qualifications</u>

- Athletes are only accepted with a nomination from OCCTCA member coaches and must verify their intent to compete. ***Athletes nominated by non-member coaches will NOT be accepted.***
- Top 2 fastest nominated and verified runners per class at their respective OSSAA State Championship, plus an additional pool of At Large runners from ALL classes will be elected to represent the Oklahoma All-Star Team. The number of AT LARGE accepted entries will be determined to fulfill heats/ flights.
- Qualifying process for non-OSSAA member programs.
  1. Head Coach is a member of the OCCTCA.
  2. Athlete(s) will have competed in a meet with FAT timing and certified results (Track & Field).
  3. Marks from accepted meets must occur during a 4 week window mimicking the OSSAA Calendar. Example: OSSAA Regional Track Meet occurs during Week 43 (small schools), OSSAA XC State Meet during Week 45 (large schools): therefore acceptable performances would come from meets held between OSSAA Weeks 42-45 (April 20- May 17).
  4. Marks will be added to the AT LARGE athlete pool per gender, per event.
  5. Accepted athletes will appear on the official roster posted to OHStrack.com & our Facebook page.