



Oklahoma Union Athletics

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South Coffeyville, OK 74072

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Athletic Director - Riley Duncan

Oklahoma Union Schools would like to invite you and your team to participate in our High School Boys and Girls Track and Field meet on **Saturday, April 5th, 2025**. We will have varsity boys and girls divisions for all track and field events on our 6 lane track. The event will be timed and registered through Enduro Timing. All registrations must be completed by noon the day before the event.

Time –

Coaches Meeting at 9:30AM (in the hospitality room)

Field Events/3200 run at 10:00

Remaining Running Events at 10:30

ATTENTION COACHES: the On-line Entry DEADLINE is: **Friday, April 4th @ 1pm**. Schools planning to attend must submit their entries on the [Athletic.Net](https://athletic.net) website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at: cara@runenduro.com.

Entry Fee – Divisions are Varsity Girls and Varsity Boys.

\$90 per division (\$20 per individual)

Limitations – Each Contestant is limited to four events including relays. Each school is limited to three entrants in each event per division and one relay per team. Three throws will be given in the shot put and discus and three jumps in the long jump.

Medals – Medals will be awarded for 1st place through 5th place in each event.

Team Plaque will be awarded for the 1st Place Boys and Girls Teams.

Team Points – Individual events will score: 10-8-6-4-2-1

Relay events will score: 20-16-12-8-4-2

OKU High School Track Meet

Schedule of Events

Field Events

10:00AM	High Jump	Boys, Girls
	<u>Long Jump</u>	Girls, Boys
	Shot Put	Boys, Girls
	Discus	Girls, Boys
	Pole Vault	Boys, Girls
	3200 Run	Girls, Boys

Running Events

10:30AM	400 Relay	Girls, Boys
	3200 Relay	Girls, Boys
	100 Hurdles	Girls (33")
	<u>110 Hurdles</u>	Boys (39")
	800 Relay	Girls, Boys
	800 Run	Girls, Boys
	100 Dash	Girls, Boys

Break for Lunch

400 Dash	Girls, Boys
300 Hurdles	Girls (30")
300 Hurdles	Boys (36")
200 Dash	Girls, Boys
1600 Run	Girls, Boys
1600 Relay	Girls, Boys