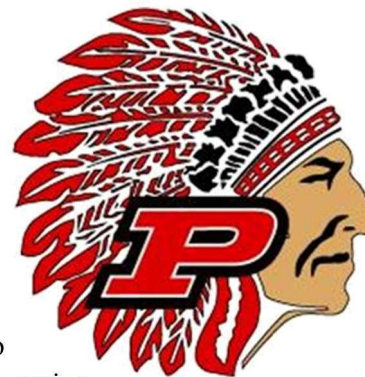


Plainview Indian Invitational

Plainview High School

April 4th, 2025

Ardmore, Oklahoma



On behalf of the Plainview Public Schools, we would like to extend an invitation to participate in our High School boys and girls track meet. The meet will be held on Friday, April 4th, 2025. Schools will be allowed to enter extra relays and extra athletes in events as long as numbers are not excessive.

This will be a Seeded Meet

Time Line: 8:30 Coaches meeting in the Virgil Trout Field House located on the northeast corner of the track.
9:00 Field Events
9:15 Running Events - - - this will be a timed finals meet.

ATTENTION COACHES: the On-line Entry DEADLINE is: **Thursday, April 3rd @ 1pm**. Schools planning to attend must submit their entries on the [Athletic.Net](#) website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at: cara@runenduro.com.

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for any last-minute changes that affect the meet. To find our meet's PREVIEW window, log into your ENDURO USA™ account – then click on our meet in the “Student Meets and Events LIST” (on the right side of the window).

General:

- 4 events per contestant
- Team scoring 10-8-6-4-2-1 individual; relays will be doubled
- Athletes must wear 1/4" or less spikes
- No tape allowed on the track
- Contestants will be heated on the field
- Trophies will be awarded to the top two teams
- Medals will be awarded to the top three places
- Shot, Discus, and Long Jump will get three attempts in the prelims and the top eight will advance to the finals, and have three more attempts

Entry Fee will be \$95.00 per team

Mail payment to: Plainview High School

Attn: Ryan Luhmann

1140 South Plainview Rd

Ardmore, OK 73401

For additional information, please call Coach Naylor (580) 220-7042 -or- Coach Butler (580) 465-3787

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Plainview High School

April 4th, 2025

Ardmore, Oklahoma



- 8:30 Coaches meeting in the Virgil Trout Field House
(north east corner of the track)
- 9:00 Field Events
- 9:15 Running Events

Field Events - 9:00

- High Jump (Girls/Boys)
- Long Jump (Boys/Girls)
- Discus (Girls/Boys)
- Shot (Boys/Girls)
- Pole Vault (Girls/Boys)

Running Events - 9:15 (All running events are girls followed by boys.)

- 4 X 100 Relay
- 4 X 800 Relay
- 100 Hurdles (Girls 33")
- 110 Hurdles (Boys 39")
- 3200 Run
- 4 X 200 Relay
- 800 Dash
- 100 Dash
- 400 Dash
- 300 Hurdles (Girls 30")
- 300 Hurdles (Boys 36")
- 200 Dash
- 1600 Run
- 4 X 400 Relay