

# Patriot High School Relay Meet

Friday April 11th, 2025 @ ~~Putnam City West High School~~

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Two Divisions – High School Girls and High School Boys

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Attention Coaches: Team entries will be limited to 15 teams. Please e-mail Coach Wright (garenw@putnamcityschools.org)

- COACHES' MEETING – 8:30am
- FIELD EVENTS – 9:00am (3 Throws/jumps)
- RUNNING EVENTS – 9:30am

**ATTENTION COACHES:** the On-line Entry DEADLINE is: **Thursday, April 10<sup>th</sup> @ 1pm.** Schools planning to attend must submit their entries on the [Athletic.Net](#) website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at: [cara@runenduro.com](mailto:cara@runenduro.com).

**SCORING** – 10-8-6-4-2-1 / 20-16-12-8-4-2

**AWARDS** – Individual: 1-3 medal / Relays: 1-3 / Team: Champion in each division

**FIELD EVENTS** – Three (3) throws or jumps and then qualify eight (8) to the finals of shot put, discus, and long jump. If field size is less than 12 competitors, the number of throws or jumps may be modified.

**Entrants:** Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event and 1 Varsity relay.

**CONCESSIONS / ADMISSION** – Concession stand will be open. Admission will be charged for spectators.

**ENTRY FEE** – HS Boys - \$100 HS Girls - \$100

Checks Payable to: PCW Track  
Putnam City West High School  
8500 NW 23rd St

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## **Events**

4 x 800 Relay Girls/Boys  
4 x 100 Relay Girls/Boys  
Shuttle Hurdle Relay Girls/Boys  
~~Distance Medley Girls/Boys~~  
Sprint Medley Girls/Boys  
300 Hurdles Girls/Boys  
3200m Run Boys  
100m Hurdles Girls  
110m Hurdles Boys  
4 x 200 Relay Girls/Boys  
3200m Run Girls  
4 x 400 Relay Girls/Boys

Shot Put Girls/Boys  
Discus Boys/Girls  
High Jump Girls/Boys  
Long Jump Boys/Girls  
Pole Vault Boys/Girls

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