

Stroud Middle School

"Home of The Tigers"

212 West 7th Street, Stroud, Oklahoma 74079, Phone 918-968-2200, Fax 918-968-0773

Dear Track Coach:

We are pleased to announce the annual 7th & 8th grade invitational track meet. Our resurfaced eight-lane track has a top of the line polyurethane finish. Consider this our sincere invitation to you and your team to attend our 7th & 8th grade meet. This meet will be run as timed finals.

(We have a new timing system and video board to post results instantly, but we are going to need for you to add your athletes to ok.milesplit.com for them to be entered in our meet. You can create a free account in Milesplit to enter your athletes. If you have any questions, please contact Kelly Brown by email at kelly.brown@stroud.k12.ok.us.)

DETAILS OF THE MEET:

Date:	Saturday, April 12, 2025
Classes:	4A & Below Schools
Divisions:	7 th Girls, 8 th Girls, 7 th Boys, and 8th Boys
Participation:	Each event will be limited to three contestants per school. Each contestant may enter no more than four events. Spike length should be ¼" or shorter. Blocks will be provided.
Time:	Coaches meeting will be held at 9:00 a.m. with field events starting at 9:30 a.m. and running events beginning at 9:45 a.m.
Entry Fee:	The entry fee is \$70.00 per division. \$15.00 per individual up to 4 individuals. Make checks payable to Stroud Middle School.
Awards:	Medals for the first three places in the relays. Top five receive medals in individual events.
Hospitality:	Lunch will be provided for coaches.
Parking:	Bus parking will be located just south of the track building-enter on road immediately south of the Administration Building which is located on 720 Gillispie Ave.
Tents:	All camps will be located by the Stroud Administration Building east of the track.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

For additional information call:	Jim Campbell 918-987-1249 school 405-328-0338 cell	Kelly Brown 405-612-8597 cell
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"Building Character Through Competitive Athletics"

STROUD MIDDLE SCHOOL
ORDER OF EVENTS

TIMED FINALS-9:45 A.M.

400 Meter Relay	Girls-Boys
3200 Meter Relay	Girls-Boys
100 Meter Hurdles	Girls-Boys
800 Meter Relay	Girls-Boys
800 Meter Run	Girls-Boys
100 Meter Dash	Girls-Boys
400 Meter Run	Girls-Boys
300 Meter Hurdles	Girls-Boys
200 Meter Dash	Girls-Boys
1600 Meter Run	Girls-Boys
1600 Meter Relay	Girls-Boys

FIELD EVENTS-9:30 A.M.

Long Jump	7-G, 8-G, 7-B, 8-B
High Jump	7-B, 8-B, 7-G, 8-G
Shot Put	8-G, 7-G, 8-B, 7-B
Discus	8-B, 7-B, 8-G, 7-G
Pole Vault	8-G, 7-G, 8-B, 7-B

COACHES, PICK UP YOUR MEDALS AND OTHER APPLICABLE AWARD(S) AT THE END OF THE MEET. THEY WILL NOT BE GIVEN TO THE ATHLETES. PLEASE CHECK FOR ACCURACY BEFORE LEAVING THE MEET.