Thomas Grade School Invitational Track Meet Wednesday March 26, 2025

4 Divisions

5th Girls 6th Girls 5th Boys 6th Boys

- 1. Field events start at 10:00
- 2. All finals running events at 11:00 am.
- 3. Entry fee is \$50 per team. \$200 for all four (4) divisions.
- 4. We will limit the number of participants in this meet. Please RSVP.
- 5. Register on Athletic.net TEAMS CAN NOT BE ADDED THE DAY OF THE MEET!!!
- 6. We will give awards to the top 5 places in individual events and top 3 relays.
- 7. Points scored
 10-8-6-4-2-1
 20-16-12-8-4-2 Relay Points
- 8. Use short spikes only. Starting blocks provided. No Tape on the track.
- 9. Long Jump and Shot Putt will be given 3 attempts.
- 10. No Campsites on the football field or next to the throwing areas. Campsites should be south of the visitor stadium
- 11. Bus Parking is south of the Basketball gym
- 12. Coaches will be provided with a meal.

We will limit the number of schools attending. If you are interested please contact us ASAP.

Thomas 5-6 Grade Track Meet

Coaches Meeting: 9:30am

> 5th & 6th **Field Events**

10:00

Shot: 6 lb 5th Girls, 5th Boys, 6th Girls, 6th Boys Discus:1K 6th Boys, 6th Girls, 5th Boys, 5th Girls High Jump: 5th Boys, 5th Girls, 6th Boys, 6th Girls 6th Boys, 6th Girls, 5th Boys, 5th Girls Long Jump: Pole Vault: 5th Girls, 5th Boys, 6th Girls, 6th Boys

Running Events 5th girls - 5th Boys - 6th Girls - 6th Boys

11:00

100 Dash 800 Run 200 Dash 4x100 Relay

30 min Break

55m Hurdles 400 Run 1200m Run

Throwers Relay- Participants can not be in ANY other Running events!!!!!

Sprint Medley (100,100,200,400)

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