

5th Annual Mike Tyson Invitational Track Meet

7/8-HS Boys & Girls

Friday March 28, 2025

Open to schools 4A and below.

Space Limited

Reserve by calling or texting

Enter teams on [Athletic.net](https://athletic.net) Team Only

We have a brand new facility and are excited to host Track meets again.

Coaches Meeting @9:15 a.m.

1. Field events starting at 9:30 a.m.
2. Running events start at 10:00 a.m.
3. A school may enter 3 in each event.
4. Association rules apply.
5. Points will be scored as follows
 - a. 10-8-6-4-2-1
 - b. 20-16-12-8-4-2 Relay Points
6. Medals
 - a. 1st-5th places in Individual events
 - b. 1st-3rd places in Relays
7. No Fans will be allowed on the Turf football field. Participants and coaches ONLY!
8. The entry Fee is \$100 per team. \$25 per individual if 3 or less members.
9. Use short spikes only. Starting blocks will be provided.
10. This meet will be TIMED FINALS only.
11. Meet will be timed using the FAT timing system.
12. The Field events will be Laser measured for accuracy.
13. No Campsites on the football field
Campsites should be south of the visitor stadium
14. Bus Parking is south of the Basketball gym
15. Lunch and a hospitality room will be provided for coaches.
16. Please make checks payable to **Thomas High School** and mail to:
Matt Hart
Thomas High School
P.O. Box 190
Thomas, Ok 73669
Cell Phone: 580-302-0418
School Phone: 580- 661-3522
Email: mhart@thomas.k12.ok.us

Mike Tyson Invitational

Throws Schedule

Shot JH G-B HS G-B

Discus HS B-G JH G-B

Long Jump JH B-G HS G-B

High Jump HS G-B JH G-B

Pole Vault JH G-B HS B-G

TIMED FINALS MEET

JH followed by HS on all events

400 Meter Relay

3200 Meter Relay

100 Meter Hurdles JH-30" HS-33" Girls

110 Meter Hurdles JH-33" HS-39" Boys

3200 Meter Run **HS Boys**

800 Meter Relay

800 Meter Run

100 Meter Dash

PROPOSED BREAK

3200 Meter Run **HS Girls**

400 Meter Dash

300 Meter Hurdles 30" all JH and HS girls 36" hs boys

200 Meter Dash

1600 Meter Run

1600 Meter Relay