

4th Annual Larry Pickens Memorial Track Meet
7-8 Grade Boys & Girls
One Division
Monday April 14, 2025

Open to schools 3A and below.

Space Limited

Reserve by calling or texting

Enter teams on [Athletic.net](https://athletic.net)

Coaches Meeting @9:45 a.m.

1. Field events starting at 10:00 a.m.
2. Running events start at 10:30 a.m.
3. A school may enter 3 in each event.
4. Association rules apply.
5. Points will be scored as follows
 - a. 10-8-6-4-2-1
 - b. 20-16-12-8-4-2 Relay Points
6. Medals
 - a. 1st-5th places in Individual events
 - b. 1st-3rd places in Relays
7. No Fans will be allowed on the Turf football field. Participants and coaches ONLY!
8. The entry Fee is \$90 per team. \$20per individual if 3 or less members.
9. Use short spikes only. Starting blocks will be provided.
10. This meet will be Finals only.
11. Meet will be timed using the FAT timing system.
12. The Field events will be Laser measured for accuracy.
13. Bus Parking is south of the Basketball gym
14. No Campsites on the football field
Campsites should be south of the visitor stadium
15. Lunch and a hospitality room will be provided for coaches.
16. Please make checks payable to **Thomas High School** and mail to:

Matt Hart
Thomas High School
P.O. Box 190
Thomas, Ok 73669
Cell Phone: 580-302-0418
School Phone: 580- 661-3522
Email: mhart@thomas.k12.ok.us

Larry Pickens Invitational

7/8th Grade

ORDER OF EVENTS

Running Events

3200 m Relay G-B

100 m Hurdles G

110 m Hurdles B

100 m Dash G-B

800 m Relay G-B

1600 m Run G-B

BREAK

400 m Relay G-B

400 m Dash G-B

300 m Hurdles G-B

800 m Run G-B

200 m Dash G-B

Field Event Relay **COED PARTICIPANTS CAN NOT BE IN ANY OTHER RUNNING EVENTS**

1600 m Relay G-B

Field Events

Shot G-B

Discus B-G

Long Jump B-G

High Jump B-G

Pole Vault G-B