

**7<sup>th</sup>/JH Track Meet**  
**Monday, March 31, 2025**

Waurika High School will host a 7<sup>th</sup> grade and Junior High School Track and Field meet on Monday, March 31, 2025.

Starting Time:

Coaches Meeting 9:00

Field Events 9:30

Running Events 9:45

**\*\*Admission Entry Fee: \$75 per team Less than 4 members \$10 each.**

**ON-LINE ENTRIES-** Coaches must submit all entries on the Athletic.net website: [www.athletic.net](http://www.athletic.net) — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE. —ONLINE ENTRIES DEADLINE: Sunday March 30, 2025 at Noon. TEAMS WILL NOT BE ADDED AT THE MEET.**

**Divisions:** There will be four divisions. 7<sup>th</sup> Grade Girls; 7<sup>th</sup> Grade Boys; Junior High Girls; Junior High Boys

**Participation:** Each athlete may compete in 4 events. Each school may enter 3 in each event. 7<sup>th</sup> graders may only compete in one division.

**Medals:** Medals will be awarded to top 5 individuals and top 3 relays.

**Inclement Weather:** Call Joe Masoner cell 580-313-0224 or Roger Jessie 580-228-4576 School 580-228-2341

Mail Checks to

Waurika High School  
C/O Joe Masoner  
600 E. Florida  
Waurika, OK 73573

## **ORDER OF EVENTS**

**Coaches Meeting: 9:00**

**Field Events: 9:15**

**High Jump: JH Girls, JH Boys, 7<sup>th</sup> Girls, 7<sup>th</sup> Boys**

**Long Jump: 7<sup>th</sup> Girls, 7<sup>th</sup> Boys, JH Girls, JH Boys**

**Shot: JH Boys, JH Girls, 7<sup>th</sup> Boys, 7<sup>th</sup> Girls**

**Discus: 7<sup>th</sup> Boys, 7<sup>th</sup> Girls, JH Boys, JH Girls**

**Running Events: 9:45**

**Order: 7<sup>th</sup> Girls, 7<sup>th</sup> Boys, JH Girls, JH Boys**

**Timed Finals**

**400 Meter Relay**

**3200 Meter Relay**

**100 Meter Hurdles**

**110 Meter Hurdles**

**3200 Meter**

**800 Meter Relay**

**800 Meter Run**

**100 Meter Dash**

**400 Meter Dash**

**300 Meter Hurdles**

**200 Meter Dash**

**1600 Meter Run**

**1600 Meter Relay**