



### Wampus Cat Junior High Invitational

6th 7th 8th Grades Thursday April 16th, 2026

Coaches meet at 8:15 in the field house,

Field events begin at 8:30, and running events will begin at 10:00.

- There will be six divisions= 6<sup>th</sup> GB/ 7<sup>th</sup> GB/ 8<sup>th</sup> GB
- Entry Fee: \$65.00 per division or \$10.00 per individual up to 4 members.
- Qualifying heights and distances to be determined at the coaches' meeting. (There will be qualifying marks in shot put, discus, and long jump.) After qualifying, each athlete will get three competitive measured attempts.
- All running events will be timed finals.
- All events are limited to **4 athletes** per division per event.
- Hospitality room provided for coaches and administrators in the field house.
- NO camps are allowed on the infield.
- Custom medals awarded to the top five finishers in all events.
- ¼ inch spikes or shorter ONLY, starting blocks will be provided.
- Bus Parking will be behind the home bleachers on the stadium's west side.

#### --REGISTRATION --

To register for this meet please use the link provided below.

[Atoka JH Meet Entry Form 2026](#)

**OSSAA Rules apply**

If you plan on attending, you need further information, or in case of inclement weather contact:

Chet Braudrick - Office 580-889-3361 Cell 580-889-0054: Luke Ring - 405-331-9111 -or- Email Lring@atoka.org

## ORDER OF EVENTS

FIELD EVENTS - 8:30 A.M.

Long Jump 6G-7-G, 8-G, 6-B, 7-B, 8-B

High Jump 6B-7-B, 8-B, 6G, 7-G, 8-G

Shot Put 8-G, 7-G, 6-G, 8-B, 7-B, 6-B

Discus 8-B, 7-B, 6-B, 8-G, 7-G, 6-G

Pole Vault 8-G, 7-G, 8-B, 7-B (depending on numbers, we may group vaulters)

TIMED FINALS - 10:00 A.M.

400 Meter Relay Girls-Boys

3200 Meter Relay Girls-Boys

100 Meter Hurdles Girls-Boys

800 Meter Relay Girls-Boys

800 Meter Run Girls-Boys

100 Meter Dash Girls-Boys

400 Meter Run Girls-Boys

300 Meter Hurdles Girls-Boys

200 Meter Dash Girls-Boys

1600 Meter Run Girls-Boys

\*Throwers Relay- one race for all classes combined with at least two female participants per team

1600 Meter Relay Girls-Boys