



62nd ANNUAL - ED FORESTER BETHANY HIGH SCHOOL INVITATIONAL TRACK MEET 2026



Bethany High School invites your school to participate in our 62nd Annual Ed Forester High School Boys and Girls Invitational Track and Field Meet. This event will take place on **Saturday, March 28, 2026, beginning with field events at 9:00 a.m.** The following will provide you with the necessary information regarding this track meet. The track is at the Bethany Public Schools Athletic Complex just west of NW 50th Street and Council Road in Northwest Oklahoma City.

****This Track Meet is open to Any School in Class 5A or below****

ONLINE ENTRIES: This **invitation-only, seeded** Track Meet will be entered through Athletic.Net. Coaches, please ensure you have an account on Athletic.net and are associated with your team. Directions for signing up and connecting with your team can be found [HERE](#). All Entries are due the day before the track meet at 11:59 AM (Noon). If you wish to attend, please contact the track meet directors for an Invitation through Athletic.Net. Heats and Flights will be published to <https://live.athletic.net/meet-list> on the day of the Meet.

Entry Fee: \$100.00 (boys team) and \$100.00 (girls team) (\$200.00 total) for 3 individual event entries and 2 Relays \$50.00 per "B" team division for an additional 3 entries per individual event and 1 additional Relay
Make checks payable to Bethany Public Schools.
Bring Checks or send them to Bethany Public Schools..
Attn. Adam Forester
6721 NW 42nd Street
Bethany, OK, 73008

Divisions: High School Boys and High School Girls

Timing: We will use the new FT-90 Fully Automatic Timing System from FlashTiming, Entries through Athletic.net

Trophies: Plaques will be awarded to the first- and second-place teams in the girls' and boys' divisions, and plaques will also be awarded to the winning coach in each division.

Medals: Custom Enduro Medals will be awarded to the winners of the first through fifth places in **ALL events**.

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to **three (3) entrants** per individual event and two (2) entrants per relay event. "B" Teams are allowed for an additional \$50 Entry. **Only three (3) athletes and one (1) relay from a school can score points.**

Time Schedule: 8:30 AM Coaches Meeting
9:00 AM Field Events
10:00 AM Running Events (Timed Finals)

Events: Three (3) throws or jumps and then qualify eight (8) to the finals of shot put, discus, and long jump.

Team Points: Points will be awarded to the top 8 (10-8-6-5-4-3-2-1) with Relays doubled (20-16-12-10-8-6-4-2).

Hospitality: A Hospitality Room will be provided for coaches in the HS Football Film Room.

Equipment: **We have a BRAND-NEW Track Surface, Jump Areas, and Pole Vault Landing System. Please use spikes no longer than 1/4" and no Athletic Tape.**

Entries: Please let us know if you want to attend this track meet. Send an email to Adam Forester at aforester@bethanyschools.com.

For questions, entries, or in case of possible inclement weather, please contact the meet directors:

Adam Forester, Head Coach Boys and Girls Track
aforester@bethanyschools.com
405-664-6022 (Cell)

Jon Arthur, Meet Referee
jarthur@bethanyschools.com
405-499-4608 (Office)



**62nd ANNUAL - ED FORESTER
BETHANY HIGH SCHOOL INVITATIONAL
TRACK AND FIELD MEET**



Schedule of Events

7:30 AM	Teams Arrive
8:00 AM	Admission Gates Open
8:30 AM	Coaches Meeting (Locker Room behind the Stadium)

Field Events

9:00 AM	<i>Ben Nimmo Memorial Discus Throw</i>	Girls	Boys	<i>Memorial Plaque Presented to Winners</i>
	High Jump	Boys	Girls	
	Shot Put	Boys	Girls	
	Long Jump	Girls	Boys	
	Pole Vault	Boys	Girls	

Timed Finals

10:00 AM	400 Meter Relay	Girls	Boys	
	<i>Donnie Rogers Memorial 3200 Meter Relay</i>	Girls	Boys	<i>Memorial Plaque Presented to Winning Teams</i>
	100 Meter Hurdles	Girls (33")		
	110 Meter Hurdles	Boys (39")		
	3200 Meter Run	Boys		
	800 Meter Relay	Girls	Boys	
	800 Meter Run	Girls	Boys	
	Lunch Break - Field Events will Continue			
	100 Meter Dash	Girls	Boys	
	3200 Meter Run	Girls		
	400 Meter Dash	Girls	Boys	
	300 Meter Hurdles	Girls (30")	Boys (36")	
	200 Meter Dash	Girls	Boys	
	Field Event Relay	(4 x 100, Throwers only - Must have 1 Girl) [Time Permitting]		
	1600 Meter Run	Girls	Boys	
	<i>Dorman Griffin Memorial 1600 Meter Relay</i>	Girls	Boys	<i>Memorial Plaque Presented to Winning Teams</i>

Bethany High School Invitational Track Meet Records

Field Events	Bethany HS Invitational Records 1950-Present	Bethany Track Facility Records All meets are held at the Track Complex 1974-Present
Shot Put	G: Jacye Grimm, Ponca City, 40'6" (2013) B: Wes Simms, Weatherford, 56'8" (1999)	G: Ashley Bryant, Newcastle, 42'10" (2012) B: Wes Simms, Weatherford, 56'8" (1999)
Discus	G: Kat Meacham, Clinton, 137'3" (2023) B: Wes Simms, Weatherford, 178'2" (1999)	G: Kat Meacham, Clinton, 167'3" (2024) B: Wes Simms, Weatherford, 178'2" (1999)
Long Jump	G: Schuyler Wood, Putnam City, 18'9.5" (2013) B: Dalton Stout, Bethany, 22'4.25" (2014)	G: Schuyler Wood, Putnam City, 18'9.5" (2013) B: Dalton Stout, Bethany, 22'4.25" (2014)
High Jump	G: 7 Tied, 5'4" (1984-2017) B: Denmark (Casady), Elliston (BM), 6'8" ('80, '99)	G: 9 Tied, 5'4" (1984-2017) B: 3 Tied, 6'8" (1980-2012)
Pole Vault	G: Jerni Self, Cache, 11'0" (2015) B: Wilkenson, Stroud, 15'6" (1996)	G: May Pachner, Shattuck, 11'10" (2024) B: Wilkenson, Stroud, 15'6" (1996)
Running Events	Meet Records	Track Records
100 Meter Dash	G: Helen Olszewski, Casady, 12.41 (2023) B: Delans Griffin, Clinton, 10.74 (2010)	G: Audrianna Morgan, Centennial, 12.17 (2012) B: Delans Griffin, Clinton, 10.74 (2010)
200 Meter Dash	G: Yoshika Thomas, Lawton Mac, 25.89 (2013) B: Delans Griffin, Clinton, 21.94 (2010)	G: Kailyn Bratton, Putnam City, 25.32 (2024) B: Delans Griffin, Clinton, 21.94 (2010)
400 Meter Dash	G: Kaley Knox, Bethany, 59.52 (2014) B: McGuinness, Fairview, 49.34 (1967)	G: Kaley Knox, Bethany, 59.52 (2014) B: Jywayne Allen, Ardmore, 49.04 (2012)
800 Meter Run	G: Levan, Casady, 2:21.24 (I 1991) B: Antonio Humphrey, Douglass, 1:56.89 (2013)	G: Levan, Casady, 2:21.24 (1991) B: Antonio Humphrey, Douglass, 1:56.89 (2013)
1600 Meter Run	G: Ferguson, Bishop McGuinness, 5:28.94 (2008) B: Larry Mathis, Casady, 4:29.16 (2023)	G: Emily Helms, Mustang, 5:26.48 (2012) B: Larry Mathis, Casady, 4:29.16 (2023)
3200 Meter Run	G: Martin, Casady, 11:57.24 (2008) B: Cole Powell, Bethany, 9:57.76 (2024)	G: Emily Helms, Mustang, 11:36.53 (2012) B: Cole Powell, Bethany, 9:57.76 (2024)
100/110 Meter Hurdles	G: Courtney Nelson, PC North, 15.30 (2014) B: West, Chandler, 14.74 (1972)	G: Courtney Nelson, PC North, 15.30 (2014) B: West, Chandler, 14.74 (1972)
300 Meter Hurdles	G: Courtney Nelson, PC North, 45.83 (2013) B: Russell, Jones, 40.24 (1995)	G: Courtney Nelson, PC North, 45.83 (2013) B: Russell, Jones, 39.44 (1984)
400 Meter Relay	G: Guthrie, 50.26 (2013) B: Millwood, 42.74 (2007)	G: Lawton, 50.12 (2018) B: Millwood, 42.74 (2007)
800 Meter Relay	G: Millwood, 1:45.74 (1995) B: Guthrie, 1:29.80 (2014)	G: Millwood, 1:45.74 (1995) B: Elgin, 1:29.04 (2024)
1600 Meter Relay	G: Bishop McGuinness, 4:11.24 (2008) B: Enid, 3:25.15 (2013)	G: Shawnee, 4:09.55 (2012) B: Enid, 3:25.15 (2013)
3200 Meter Relay	G: Casady, 10:04.24 (2008) B: Chisholm, 8:13.47 (2015)	G: Shawnee, 9:57.22 (2012) B: Chisholm, 8:13.47 (2015)



**BETHANY HS INVITATIONAL
2026 TRACK MEET
INVOICE**



**Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008**

**Phone: 405-789-6370
E-Mail: aforester@bethanyschools.com
Web: www.bethanybronchos.com**

Bill To: _____
Attn: _____
Address: _____

Details:

Date	Description	Quantity	Price (Each)	Total Price
3/28/26	HS Track Meet “A” Team Entry Bethany Invitational		\$100.00	
	HS Track Meet “B” Team Entry		\$50.00	
	Individual Entry		\$25.00	
Total Due:				

Please send a payment for the above as soon as possible.

**Send Payment to:
Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008**