

# CARL ALBERT MIDDLE SCHOOL

## "Tex Rollins Invitational"

### APRIL 2ND 2026

You are invited to attend the Carl Albert Middle School Invitational track meet on Thursday April 2nd. Contact Bill Case [wcase@mid-del.net](mailto:wcase@mid-del.net) or Cameron Couch [ccouch@mid-del.net](mailto:ccouch@mid-del.net) to receive your "Invitation Code".

This will be a *Seeded Entries Meet*.

1. Limited to the first 15 teams.
2. Coaches meeting – 9:30, Field Events – 10:00, Running – 10:30
3. There will be 4 divisions: 7th grade girls, 7th grade boys, 8th grade girls, 8th grade boys
4. Each division may enter three athletes per event, max of four events per athlete. Also each division is limited to one relay in each relay event.
5. Field event contestants will get four attempts. No Final
6. Buses need to park in the parking lot on the west side of the football field.
7. Entry fee: \$70 per division or \$250 entry fee for all four divisions

*Make checks payable to: Carl Albert Track*

*Send to: Carl Albert Track  
2009 S. Post Road  
Midwest City, OK 73110*

**ATTENTION COACHES:** the On-line Entry DEADLINE is: **Wednesday April 1<sup>st</sup> @ 1pm.** Schools planning to attend must submit their entries on the **Athletic.Net** website. You will be able to make last minute changes the morning of the meet and then we will re-seed it. If you need assistance with your account, contact Cara at: [cara@runenduro.com](mailto:cara@runenduro.com).



***CARL ALBERT MS INVITATIONAL  
TRACK MEET***



FIELD EVENTS BEGIN AT 10:00 A.M.

|  |  |   |
|--|--|---|
| Shot Put: Girls 7th/8th<br>Boys 7th/8th  | Discus: Boys 7th/8th<br>Girls 7th/8th    | Pole Vault: Girls 7th/8th<br>Boys 7th/8th |
| Long Jump: Girls 7th/8th<br>Boys 7th/8th | High Jump: Boys 7th/8th<br>Girls 7th/8th |   |

RUNNING EVENTS BEGIN AT 10:30 A.M.

|                        |                              |
|------------------------|------------------------------|
| 400 Meter Relay.....   | Girls 7th/8th...Boys 7th/8th |
| 3200 Meter Relay.....  | Girls 7th/8th...Boys 7th/8th |
| 100 Meter Hurdles..... | Girls 7th/8th.....           |
| 110 Meter Hurdles..... | Boys 7th/8th.....            |
| 3200 Meter Run.....    | Girls 7th/8th...Boys 7th/8th |
| 800 Meter Relay.....   | Girls 7th/8th...Boys 7th/8th |
| 800 Meter Run.....     | Girls 7th/8th...Boys 7th/8th |
| 100 Meter Dash.....    | Girls7th/8th....Boys 7th/8th |
| 400 Meter Dash.....    | Girls7th/8th....Boys 7th/8th |
| 300 Meter Hurdles..... | Girls 7th/8th...Boys 7th/8th |
| 200 Meter Dash.....    | Girls7th/8th...Boys 7th/8th  |
| 1600 Meter Run.....    | Girls7th/8th...Boys 7th/8th  |
| 1600 Meter Relay.....  | Girls7th/8th...Boys 7th/8th  |



# TITAN TRACK



Carl Albert High School  
2009 South Post Road  
Midwest City, Oklahoma 73130  
405-739-1648 Ext. 3021

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## CARL ALBERT INVITATIONAL INVOICE

SCHOOL \_\_\_\_\_

ACTIVITY \_\_\_\_\_ CA Track Meet \_\_\_\_\_

ACTIVITY DATE \_\_\_\_\_ 4/2/2026 \_\_\_\_\_

***ENTRY FEE: Varsity: \$70 per division (\$250 for all divisions)***

AMOUNT DUE \_\_\_\_\_

PLEASE MAKE CHECKS PAYABLE TO:

CARL ALBERT TRACK  
2009 S. POST ROAD  
MWC, OK 73130