

2026 HS Sting Em Showcase

Thursday, April 23rd

On behalf of the Choctaw/Nicoma Park Public Schools we would like to extend an invitation to participate in our track meet. Please email to confirm that you are coming and to verify that there is room. This is a sanctioned meet, so OSSAA rules will apply. This is an OPEN Showcase and we will have NO Relays.

ATTENTION COACHES: Submit SEEDED entries by WEDNESDAY, April 23rd, 2026 by 1pm at [ATHLETIC.NET](https://www.athletic.net). LATE ENTRIES WILL NOT BE ACCEPTED!

Schedule:

3:30 Coaches meeting in Band Storage Building SW Corner of Stadium

3:45 Field Events Begin

4:00 Running Begins (Rolling Schedule)

General:

- **4 event limit per athlete and school may enter 3 athletes per event**
- **This is an OPEN Showcase and We will have NO RELAYS.**
- Runners will be heated up South End Zone Band Stands (Near Videoboard)
- Awards picked up at press box following the mile relay
- Medals awarded to top three placers
- Plaque awarded to Boys and Girls Team both 7th Grade and 8th Division winners.
- Long jump will get 4 attempts in the prelims and there will be NO FINALS.
- There will be 4 divisions, 9th/V Boys and 9th/V Girls; \$100 per boys and \$100 for girls' teams - **\$400 Total for Both Grades & Genders.**
- Please notify Brad Clark at btyler-clark@cnp schools.org and/or (918) 894-1300 if you plan to attend.
- Please have all your athletes listed SEEDED on www.athletic.net by 1pm Wednesday.
- If you have any questions please call the AD office and ask for Brandi at 405-390-6812.
- Entry Fee: \$100.00 per 9th/V Teams & Per Gender.

Checks payable to: Choctaw Athletics

Mail payment to: Choctaw/Nicoma Park Public Schools

Choctaw Athletics Attn: Todd Goolsby 14300 NE 10th Choctaw, OK 73020

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ORDER OF EVENTS

Field Events: Approx. 3:45pm, Running Events: Approx. 4:00pm

Field Events: Girls Divisions first, followed by Boys Divisions (Unless Stated)

Shotput: **9th Girls**, V Girls - 9th Boys, V Boys

Discus: **9th Boys**, V Boys - 9th Girls, V Girls

High Jump: **9th Girls**, V Girls - 9th Boys, V Boys

Pole Vault: **9th Boys**, V Boys - 9th Girls, V Girls

Long Jump: **9th Girls**, V Girls - 9th Boys, V Boys

Running Events: Girls Divisions first, followed by Boys Divisions

100 Inter. Hurdles - 9th Girls/V Girls, 9th Boys/V Boys

110 High Hurdles - 9th Girls/V Girls, 9th Boys/V Boys

100M Dash - 9th Girls/V Girls, 9th Boys/V Boys

3200 Run - ***Possible Combined Races - Girls, Boys**

800 Run - ***Possible Combined Races - Girls, Boys**

400 Dash - 9th Girls/V Girls, 9th Boys/V Boys

300 Low Hurdles - 9th Girls/V Girls, 9th Boys/V Boys

300 Inter. Hurdles - 9th Girls/V Girls, 9th Boys/V Boys

200 Dash - 9th Girls/V Girls, 9th Boys/V Boys

1600 Run - ***Possible Combined Races - Girls, Boys**