

Clinton Public Schools

Kat Meacham Invitational

Bill Richardson Track

Junior High Track Meet

7th & 8th grade divisions only **NO FRESHMEN**

Saturday, April 18, 2026

If you plan on attending our meet, please confirm to Cory Strahorn (405) 365-6263 (text is fine).

ATTENTION COACHES: the On-line Entry DEADLINE is: **Friday, April 17th @ 1pm.**

Schools planning to attend must submit their entries on the Athletic.net website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at:

cara@runenduro.com

4 Divisions:

7 grade Girls 8 grade Girls 7 grade Boys 8 grade Boys

\$85.00 per boys team and \$85.00 per girls team

If you are bringing all four teams, the cost is \$300.00

B TEAMS ARE FREE. Feel free to enter more than three athletes in each event.

\$10.00 per individual (up to 4)

Make checks payable to **Clinton Public Schools**

Note - no refunds for rainout once the track meet has started

No trophy's will be awarded, but points will be added and posted on ohstrack.com

Medals will be awarded to the top 3 individual events & top 3 relays

Points will be awarded 10-8-6-4-2-1 and double for relays

Relay batons will be sent to the new record holders of each event. Only one baton for each relay, not four.

Records are listed on the pages below.

Each contestant is limited to four (4) events, including relays.

9:45 am - Coaches meeting in the Weight Room (located on the NW corner of the track)

10:00 am - Field events start (Shot Put and Discus are located on the west side of the football game field)

10:30 am - Running events start

Lunch will be fed to the coaches & bus drivers

All OSSAA Rules will apply

Only 1/4" or less spikes will be allowed on running or jumping surfaces

Concession stand will be available

Park your bus in the parking lot north of the track

Clinton High School

2130 Gary Blvd.

Clinton, OK 73601

RUNNING EVENTS

400 METER RELAY

3200 METER RELAY

100 METER HURDLES

110 METER HURDLES

3200 METER RUN (BOYS AND GIRLS TOGETHER)

800 METER RELAY

800 METER RUN

100 METER DASH

400 METER DASH

300 METER HURDLES

200 METER DASH

1600 METER RUN

THROWERS RELAY

1600 METER RELAY

FIELD EVENTS

SHOT PUT 7TH GIRLS, 8th GIRLS, 7TH BOYS, 8TH BOYS

DISCUS 7TH BOYS, 8TH BOYS, 7TH GIRLS, 8TH GIRLS

LONG JUMP 7TH BOYS, 8TH BOYS, 7TH GIRLS, 8TH GIRLS

HIGH JUMP 7TH GIRLS, 8th GIRLS, 7TH BOYS, 8TH BOYS

POLE VAULT ALL GIRLS AND BOYS TOGETHER



BUS PARKING

ENTRANCE

RESTROOMS

HEATING

LONG JUMP

POLE
VAULT

HIGH JUMP

DISCUS

SHOT PUT

Tornado Bowl

The Clinton Home
Of Red Tornadoes

in Ln

CLINTON INVITATIONAL RECORDS

Girls

400 Relay

Hefner 53.81 2021

200

Payne Weatherford 27.28 2022

3200 Relay

Piedmont 11:12.78 2024

1600

Occhiuzzo Chisholm 5:10.33 2025

100 Hurdles

Merrick Sayre 17.19 2018

1600 Relay

Weatherford 4:28 2022

3200 Run

Cates Clinton 15:27.25 2025

Shot Put

Hoehner Minco 32' 4" 2022

800 Relay

Newcastle 1:55.77 2022

Discus

Meacham Clinton 110' 0" 2020

800

Occhiuzzo Chisholm 2:22.06 2025

High Jump

Hartman Kingfisher 4' 10" 2024

100

Hayworth Hobart 12.48 2018

Long Jump

Hartman Kingfisher 16' 2.5" 2024

400

Payne Weatherford 1:02.88 2022

Pole Vault

Louthan Alva 9' 0" 2024

300 Hurdles

Berry Hydro-Eakly 54.12 2024

Boys

400 Relay

Mustang South 46.52 2023

3200 Relay

SW Covenant 9:49.71 2023

110 Hurdles

Scott Merritt 16.48 2019

3200 Run

Hernandez Clinton 10:30.05 2025

800 Relay

FD Moon Academy 1:36.70 2024

800

Dennis SW Covenant 2:12.31 2023

100

Thorp Hydro 11.43 2018

400

Thompson Clinton 55.38 2022

300 Hurdles

Holmes Midwest City 45.51 2024

200

Thompson Clinton 23.44 2022

1600

Finch Piedmont 5:00.38 2021

1600 Relay

Woodward 3:55 2022

Shot Put

Lofland Clinton 49' 11" 2023

Discus

Lofland Clinton 153' 3" 2023

High Jump

Epp Mustang South 6' 1" 2023

Long Jump

Thompson Clinton 20' 2.5" 2022

Pole Vault

Inoa Mustang Central 8' 6" 2024

KAT MEACHAM - CLASS OF 2024

NIKE OUTDOOR ALL AMERICAN 2024

USATF ALL AMERICAN 2024

USA TODAY HIGH SCHOOL TRACK AND FIELD TEAM 2024

GATORADE OKLAHOMA ATHLETE OF THE YEAR 2024

ONE OF 49 USA ALL TIME TO THROW OVER 170'

NATIONAL LETTER OF INTENT – UNIVERSITY OF KANSAS

TWO TIME KU RELAYS CHAMPION 2023 & 2024

JOHN JACOBS INVITATIONAL SHOT PUT & DISCUS CHAMPION 2024

OKLAHOMA 4A DISCUS STATE MEET RECORD 2024

THREE CLINTON PUBLIC SCHOOLS T&F RECORDS

CLINTON JUNIOR HIGH INVITATIONAL DISCUS RECORD HOLDER

PERSONAL RECORD IN THE DISCUS 172' 10.5"

PERSONAL RECORD IN THE SHOT PUT 42' 11.5"

STATE CHAMPION DISCUS 2024

STATE CHAMPION INDOOR SHOT 2024

STATE CHAMPION SHOT PUT 2023

STATE CHAMPION DISCUS 2023

STATE CHAMPION DISCUS 2021

STATE QUALIFIER

2024 2ND PLACE SHOT PUT

2022 2ND PLACE SHOT PUT

2022 3RD PLACE DISCUS

REGIONAL CHAMPION

2024 DISCUS, SHOT PUT

2023 DISCUS, SHOT PUT

2022 DISCUS

2021 DISCUS

WESTERN CONFERENCE CHAMPION

2022

DISCUS