



Commerce Public Schools

217 Commerce Street
Commerce, Oklahoma 74339-2200
(918) 675-4316
Fax (918) 675-4464



Dear Coach,

On behalf of the Commerce Public School system, we extend to you and your school system an invitation to participate in our track and field meets. Schools invited will be **3A and under for Oklahoma schools (ADM 255 and lower for out of state schools)**. We will be hosting a high school meet on **Thursday, April 23**, a 4 Division 7-8 meet and 5-6 meet on **Wednesday, April 22** (7-8 Girls, 7-8 Boys, 5-6 Girls, and 5-6 Boys).

We will be giving medals to the top 3 places in each event and giving 6 places of ribbons in the 5-6 division. We will use an **electronic timing system** and will keep team points, but **will not** give out team plaques.

Our track is a 6 lane track that is located behind the high school gym. Please park your bus between the visitors bleachers and the baseball field. ***Please use 1/4" spikes or less.***

Our athletic department has selected the following dates for our meets:

5-6 and 7-8 Meet Wednesday, April 22, 2026 (5-6 Girls, 5-6 Boys, 7-8 Girls, 7-8 Boys). The entry fee is **\$70 per division or \$14 per individual if your school has less than 5 participants.** Coaches meeting at 9:15 AM and the meet will start at 9:30 AM. *Email a roster of all possible athletes that may be participating by 4:00 PM on April 21, 2026 to one of the coaches that are listed.*

HS Meet Thursday, April 23, 2026 (Boys and Girls Division). The entry fee is **\$90 per team or \$18 per athlete if your school has less than 5 participants.** Coaches meeting at 3:30 PM and the field events will start at 3:45 and the running events at 4:00 PM. *Email a roster of all possible athletes that may be participating by 4:00 PM on April 22, 2026 to one of the coaches that are listed.*

Rusty Barker
Athletic Director

rbarker@commercetigers.net
(918) 541-0932

Logan Cawyer
Head Boys Coach

lcawyer@commercetigers.net
(918) 533-1650

Bruce Rhodes
Head Girls Coach

brhodes@commercetigers.net
(918) 533-1261

Brooke Jackson
Asst. Athletic Director

sjackson@commercetigers.net
(580) 763-7373

Jerry Myers
7-8 Girls Coach

jmyers@commercetigers.net
(918) 961-1292

Matt Poteet
7-8 Boys Coach

mpoteet@commercetigers.net
(918) 325-1596

HS ORDER OF EVENTS

Field Events–3:45 PM

High Jump:	Girls, Boys
Long Jump:	Boys, Girls
Discus:	Girls, Boys
Shot Put:	Boys, Girls
Pole Vault:	Boys, Girls

Timed Finals Meet–4:00 PM

400 (4 x 100) Meter Relay
3200 (4 x 800) Meter Relay
100 Meter Hurdles–33" (girls)
110 Meter Hurdles–39" (boys)
3200 Meter Run (boys)
800 (4 x 200) Meter Relay
800 Meter Run
100 Meter Dash

BREAK

3200 Meter Run (Girls)
400 Meter Dash
300 Meter Hurdles 30" (Girls)
300 Meter Hurdles 36" (Boys)
200 Meter Dash
1600 Meter Run
1600 (4 x 400) Relay

5-6 & 7-8 ORDER OF EVENTS

FIELD EVENTS-9:30 AM

High Jump: (7-8 Girls, 5-6 Girls, 7-8 Boys, 5-6 Boys)
Long Jump: (7-8 Boys, 5-6 Boys, 7-8 Girls, 5-6 Girls)
Discus: (5-6 Girls, 7-8 Girls, 5-6 Boys, 7-8 Boys)
Shot Put: (5-6 Boys, 7-8 Boys, 5-6 Girls, 7-8 Girls)
Pole Vault: (7-8 Boys, 7-8 Girls)

TIMED FINALS MEET-9:30 AM

400 (4 x 100) Meter Relay (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)
3200 (4 x 800) Meter Relay (7-8 Girls; 7-8 Boys)
100 Meter Hurdles (Girls) (5-6 Girls, 7-8 Girls)
110 Meter Hurdles (Boys) (5-6 Boys, 7-8 Boys)
800 (4 x 200) Meter Relay (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)
800 Meter Run (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)
100 Meter Dash (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)
400 Meter Run (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)
300 Meter Hurdles (7-8 Girls; 7-8 Boys)
200 Meter Dash (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)
1600 Meter Run (5-6 Girls; 5-6 Boys; 7-8 Girls; 7-8 Boys)
1600 (4 x 400) Meter Relay (5-6 Girls; 7-8 Girls; 5-6 Boys; 7-8 Boys)