

# GUYMON 5-6/7-8 GRADE INVITATIONAL TRACK MEET

## TUESDAY, MARCH 24<sup>TH</sup>, 2026



Guymon Schools will be hosting a 5-6/7-8 grade track meet on Tuesday, March 24, 2026. We have a brand new 8-lane track! This will be a **FINALS ONLY** meet. We will have electronic timing and all race results will be displayed on our large video board. We will medal 1<sup>st</sup>-6<sup>th</sup> for individual events and relays. OSSAA & NFHS rules will apply. **You must register online through OKMilesplit.**

“B” teams will be allowed at this meet. All B team members who place 1-6 will earn medals and we will point the teams as well. This is included in your entry fee. Please limit your “B” teams to four athletes per event. **Please enter B teams through OKMilesplit.**

We have a large concession stand with a variety of foods that will be available to athletes and fans. A coach’s hospitality room will be available.

### 5-6/7-8 Grade Meet

**Date:** Tuesday, March 24th, 2026

**Divisions:** Elementary (5-6) JH (7-8)

**Cost:** \$85 per team (\$170 Boys & Girls, \$340 for all 4 teams), \$20.00 per individual, if less than four members on a team.

**Coaches Meeting:** 9:15AM

**Start Time:** 10:00AM

**Equipment:** Please use short 1.4 inch spikes. No tape on the track. Tennis balls and starting blocks provided.

**Limitations:** Each contestant is limited to four events including relays. Each school is limited to three entrants in each event (*A Teams*) and one team in each relay. (*A & B Teams*).

**ALL TEAM ENTRIES MUST BE COMPLETED ONLINE: Registration deadline is March 23<sup>rd</sup> at 6PM**

Milesplit Questions reach out to: Braden Larcom at [kjadams@midwesttiming.com](mailto:kjadams@midwesttiming.com)

**Please address Entry Fee Payment to:**

Guymon Track  
C/O: Andy Brown  
801 N. Beaver Street  
Guymon, OK 73942

If you have any questions please call Andy Brown (580) 817-0219 OR Ty Ware (806) 339-3761  
Email: [andy.brown@guymontigers.com](mailto:andy.brown@guymontigers.com)

# Guymon 5/6 and 7/8 Track Meet

Tuesday, March 24, 2026

**9:15AM**            **COACHES MEETING**

**10:00AM**            **FIELD EVENTS**

*SHOT AND DISCUS - 3 THROWS*

*LONG JUMP - 3 JUMPS*

Shot Put (West)	5/6 Girls (6lbs)	5/6 Boys (6lbs)
Shot Put (East)	7/8 Boys (4K)	7/8 Girls (4K)
Discus (East)	7/8 Girls	7/8 Boys
Discus (West)	5/6 Boys	5/6 Girls
HJ (East)	7/8 Girls	7/8 Boys
HJ (West)	5/6 Boys	5/6 Girls
Pole Vault	7/8 Girls	7/8 Boys
LJ (North)	7/8 Boys	5/6 Boys
LJ (South)	5/6 Girls	7/8 Girls

**12:00PM**            **Running Events – Timed Finals**

3200 Relay	7/8 Girls, 7/8 Boys
400 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Hurdles (30")	5/6 Girls, 5/6 Boys, 7/8 Girls
110 Hurdles (33")	7/8 Boys
800 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
800 Run	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
400 Run	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
300 Hurdles (30")	7/8 Girls, 7/8 Boys
200 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
1600 Run	7/8 Girls, 7/8 Boys
1600 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys