



Hennessey High School Track Meet
4A and Under
Public Schools Only

On behalf of Hennessey Public Schools, we would like to invite you and your teams to participate in our track meet. This will be a timed finals meet.

DATE: March 13th, 2026

TIME: Coaches meeting will be held at 10:00 A.M. with field events starting promptly at 10:15 A.M. and running events at 11:00 A.M.

DIVISIONS: 2 divisions; High School Girls and High School Boys

PARTICIPATION: Only four (4) events may be entered by one contestant. Each team may enter three (3) contestants per individual event and one (1) team per relay event.

$\frac{1}{4}$ " or less pyramid spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.

ENTRY FEE: Fee is \$90 per team, or \$180 for both teams. If less than four (4) athletes from a school, the fee is \$18 per athlete. Please make checks payable to Hennessey Public Schools.

AWARDS: Medals will be awarded for 1st – 5th place for individual events and relays. Team scores will be kept, and team trophies will be presented.

A concession stand will be open.
Hospitality room available for coaches.

Contact Information:
(cell) 405-853-0088 (Cox)
(cell) 405-693-5026 (Baxter)
cbaxter@hps.k12.ok.us
mcox@hps.k12.ok.us

ENTRY PROCEDURE: No late team entries accepted. Schools planning to attend must submit their entries on the athletic.net website. Go to Events. Find the meet on the calendar to register.

Please email cbaxter@hps.k12.ok.us if you are planning to attend to confirm entries. ON-LINE ENTRY DEADLINE: March 12th @ 5pm. (Thursday)



Hennessey High School Order of Events

Field Events: 10:15 am

Shot Put: Boys - Girls
Discus: Girls - Boys
Long Jump: Girls - Boys
High Jump: Boys - Girls
Pole Vault: Girls - Boys

Running Events: 11:00 am * Timed Finals *****

400 Meter Relay Girls Boys
3200 Meter Relay Girls Boys
100 Meter Hurdles 33" Girls
110 Meter Hurdles 39" Boys
3200 Meter Run Boys
800 Meter Relay Girls Boys
800 Meter Run Girls Boys
100 Meter Dash Girls Boys

PROPOSED BREAK

3200 Meter Run Girls
400 Meter Dash Girls Boys
300 Meter Hurdles 30" Girls
300 Meter Hurdles 36" Boys
200 Meter Dash Girls Boys
1600 Meter Run Girls Boys
1600 Meter Relay Girls Boys