



## **Hennessey 5th/6th Grade Track Meet**

**4A and Below**

**Public Schools Only**

On behalf of Hennessey Public Schools, we would like to invite you and your teams to participate in our track meet. This will be a timed finals meet.

**DATE:** March 25th, 2026

**TIME:** Coaches meeting will be held at 9:30 A.M. with field events starting promptly at 9:45 A.M. and running events at 10:30 A.M.

**DIVISIONS:** 2 divisions; 5/6 girls and 5/6 boys

**PARTICIPATION:** Only four (4) events may be entered by one contestant. Each team may enter three (3) contestants per individual event and one (1) team per relay event.

$\frac{1}{4}$ " or less pyramid spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.

**ENTRY FEE:** Fee is \$60 per team, or \$120 for both teams. If less than four (4) athletes from a school, the fee is \$10 per athlete. Please make checks payable to Hennessey Public Schools.

**AWARDS:** Medals will be awarded for 1st – 3rd place for individual events and relays. Team scores will be kept, and team trophies will be presented.

A concession stand will be open.  
Hospitality room available for coaches.

**Contact Information:**

**(cell) 405-853-0088 (Cox)**

**(cell) 405-693-5026 (Baxter)**

**[cbaxter@hps.k12.ok.us](mailto:cbaxter@hps.k12.ok.us)**

**[mcox@hps.k12.ok.us](mailto:mcox@hps.k12.ok.us)**

**ENTRY PROCEDURE:** No late team entries accepted. Schools planning to attend must submit their entries on the athletic.net website. Go to Events. Find the meet on the calendar to register.

Please email [cbaxter@hps.k12.ok.us](mailto:cbaxter@hps.k12.ok.us) if you are planning to attend to confirm entries. **ON-LINE ENTRY DEADLINE:** March 24th @ 5pm. (Tuesday)



## **Hennessey** **5th - 6th Grade Order of Events**

### **Field Events: 9:45 am**

- Shot Put: Boys - Girls
- Discus: Girls - Boys
- Long Jump: Girls - Boys
- High Jump: Boys - Girls
- Pole Vault: Girls - Boys

### **Running Events: 10:30 am** **\*\*\* Timed Finals \*\*\***

- 400 Meter Relay Girls - Boys
- 100 Meter Hurdles Girls - Boys
- 800 Meter Relay Girls - Boys
- 800 Meter Run Girls - Boys
- 100 Meter Dash Girls - Boys

#### Proposed Break

- 400 Meter Dash Girls - Boys
- 200 Meter Dash Girls - Boys
- 1600 Meter Run Girls - Boys
- 1600 Meter Relay Girls - Boys