



Hennessey 7th/8th Grade Track Meet

4A and Under

Public Schools Only

On behalf of Hennessey Public Schools, we would like to invite you and your teams to participate in our track meet. This will be a timed finals meet.

DATE: March 26th, 2026

TIME: Coaches meeting will be held at 9:30 A.M. with field events starting promptly at 9:45 A.M. and running events at 10:30 A.M.

DIVISIONS: 2 divisions; 7/8 girls and 7/8 boys

PARTICIPATION: Only four (4) events may be entered by one contestant. Each team may enter three (3) contestants per individual event and one (1) team per relay event.

$\frac{1}{4}$ " or less pyramid spikes will be required in the running and jumping events. Violation of this rule may result in disqualification.

ENTRY FEE: Fee is \$80 per team, or \$160 for both teams. If less than four (4) athletes from a school, the fee is \$15 per athlete. Please make checks payable to Hennessey Public Schools.

AWARDS: Medals will be awarded for 1st – 3rd place for individual events and relays. Team scores will be kept, and team trophies will be presented.

A concession stand will be open.
Hospitality room available for coaches.

Contact Information:

(cell) 405-853-0088 (Cox)

(cell) 405-693-5026 (Baxter)

cbaxter@hps.k12.ok.us

mcox@hps.k12.ok.us

ENTRY PROCEDURE: No late team entries accepted. Schools planning to attend must submit their entries on the athletic.net website. Go to Events. Find the meet on the calendar to register.

Please email cbaxter@hps.k12.ok.us if you are planning to attend to confirm entries. **ON-LINE ENTRY DEADLINE:** March 25th @ 5pm. (Wednesday)



Hennessey **7th - 8th Grade Order of Events**

Field Events: 9:45 am

- Shot Put: Boys - Girls
- Discus: Girls - Boys
- Long Jump: Girls - Boys
- High Jump: Boys - Girls
- Pole Vault: Girls - Boys

Running Events: 10:30 am ***** Timed Finals *****

- 400 Meter Relay Girls - Boys
- 3200 Meter Relay Girls - Boys
- 100 Meter Hurdles Girls
- 110 Meter Hurdles Boys
- 800 Meter Relay Girls - Boys
- 800 Meter Run Girls - Boys
- 100 Meter Dash Girls - Boys

Proposed Break

- 400 Meter Dash Girls - Boys
- 300 Meter Hurdles Girls - Boys
- 200 Meter Dash Girls - Boys
- 1600 Meter Run Girls - Boys
- 1600 Meter Relay Girls - Boys