

IDABEL MIDDLE SCHOOL TRACK MEET THURSDAY APRIL 9, 2026

Coaches Meeting: 9:30 a.m. in the weight room.

Field Events: 10:00 a.m.

Running Events: 10:30 a.m.

Divisions: Four (4) divisions - 5/6th (JR) and 7th/8th (SR) girls, 5/6th (JR) and 7th/8th (SR) boys.

Awards: Medals will be given to first 3 places in individual events & in relay events.

Concession/Admission: The concession stand will be open. Spectator admission will be: \$5.00

Parking: Bus parking will be at the EAST parking lot NORTH of the SOFTBALL FIELD located on Ave N. ALL team camps will be outside the football field, NO EXCEPTIONS!

Entry Fee: \$90 per team, \$20 for individuals (less than 4 athletes from the same school).

Entries: A student may participate in no more than four (4) events.

Inclement Weather/Questions: Please contact Idabel Middle School (580) 286-6558.

For Text questions, please text Coach Threadgill 903-490-6932 or Coach Watkins 430-280-4392

ONLINE ENTRIES: Online Entries through Athletic.net: Schools planning to attend our meet must submit their entries on the Athletic.net website. The online ENTRY DEADLINE will be posted on the Athletic.net site. NO LATE ENTRIES. 16 Team total. (This is a "Roster Entries" meet.) The online ENTRY DEADLINE is the day before the meet @ 12:00 p.m. Log into your account at: www.endurousa.com NO LATE ENTRIES If you have questions about your ENDURO USA account, please email Cara: cara@runenduro.com

Make checks payable to: Idabel Middle School Track.

Mail to: Idabel Middle School 100 NE Ave D., Idabel, OK 74745

ORDER OF EVENTS FIELD EVENTS

10:00 Field Events:

Shot Put, JR Girls, JR Boys, SR Girls, SR Boys

Discus, SR Girls, SR Boys, JR Girls, Jr Boys

High Jump, JR Boys, SR Girls, SR Boys, JR Girls

Long Jump: SR Boys, JR Girls, JR Boys, SR Girls

RUNNING EVENTS 10:30 Running Events: JR Girls, SR Girls, JR Boys, SR Boys

400 Meter Relay

3200 Relay (SRs Only)

100 Hurdles

800 Meter Relay

800 Meter Run

100 Meter Dash

400 Meter Dash

300 Meter Hurdles (SRs Only)

200 Meter Dash

1600 Meter Run

1600 Meter Relay