Keys High School Track Meet

Monday, April 27th 2025

Divisions: HS Girls, HS Boys

Entry Fee: \$100 per Division, \$20/individual when less than 4

Awards: Medals for 1st, 2nd & 3rd in all events; Team Awards for 1st and 2nd

General Information

- Starting Blocks will be furnished, 1/4" spikes or smaller, no tape on the track
- No Camps on the infield
- Coaches Hospitality Room will be provided
- No Pole Vault
- Physical Address: 26622 S. 520 Park Hill, OK 74451
- Coaches Meeting at 9:00 AM
- Field Events at 9:30 AM
- Running Events at 9:45 AM

Contact Information

- Kruz Lynch, Girls Track Coach klynch@kpscougars.org 918-899-8954
- Justin Brown, Boys Track Coach justinbrown@kpscougars.org 918-685-0853
- Holly Bronsert, Track Assistant hbronsert@kpscougars.org 918-718-5350
- Steven Goss, Principal/AD sgoss@kpscougars.org 918-230-3456

Checks Payable to Keys Athletics

Order of Events 4/27/2026

Coaches Meeting: 9:00 AM

Field Events: 9:30 AM

Running Events: 9:45 AM

Field Events Order

(Long Jump, Shot Put, and Discus will have 3 Jumps/Throws and 8 to the Finals)

High Jump Boys Girls
Long Jump Girls Boys
Shot Put Girls Boys
Discus Boys Girls

Running Events Order

400 Mete<mark>r Rela</mark>y

3200 Meter Relay

100 Meter Hurdles (Girls)

110 Meter Hurdles (Boys)

100 Meter Dash

3200 Meter Run (Girls)

800 Meter Relay

800 Meter Run

3200 Meter Run (Boys)

400 Meter Dash

300 Meter Hurdles (Girls 30", Boys 36")

200 Meter Dash

1600 Meter Run

1600 Meter Relay