

Kingfisher Relay Meet  
Jr. High and High School  
Hosted By  
Kingfisher Track & Field

Let me take the time to invite you to the Kingfisher Public Schools Jr. High (7<sup>th</sup>/8<sup>th</sup>) and High School Relay meet to be held on Saturday March 28<sup>th</sup>, 2026. We will have a JH and HS division.

Entry Fee: \$40.00 per team or \$160.00 for both boys and girls. (JH & HS)  
Make checks payable to Kingfisher Track and Field.

Kingfisher Track and Field  
602 W. Chisholm Drive  
Kingfisher, OK 73750

There will NOT be a timing system in place. Coaches must time their schools. We will Time the first-place winner in each heat to determine the winner.

Awards will be given to 1<sup>st</sup> place only. (NO TEAM POINTS)  
Heating will take place in the Coaches Meeting.  
OSSAA Rules Apply. PLEASE CONTACT-Coach Seifried at  
[sseifried@kingfisher.k12.ok.us](mailto:sseifried@kingfisher.k12.ok.us)

Coaches Meeting: 9:30am

Order of Events

<u>Running</u>	(JH Girls/JH Boys/HS Girls/HS Boys)
400 Meter Relay	Girls / Boys
3200 Meter Relay	Boys/ Girls
800 Meter Relay	Girls / Boys
Distance Medley (800, 400, 800, 1200)	Girls / Boys
1600 Meter Relay	Girls/ Boys

Field Event

Shot Put	HS/JH (3Throws)
Long Jump	JH/HS (3 Jumps)
High Jump	HS/JH
Pole Vault	Girls/Boys