

Kingfisher Relay Meet
Jr. High and High School
Hosted By
Kingfisher Track & Field

Let me take the time to invite you to the Kingfisher Public Schools Jr. High (7th/8th) and High School Relay meet to be held on Saturday March 28th, 2026. We will have a JH and HS division.

Entry Fee: \$40.00 per team or \$160.00 for both boys and girls. (JH & HS)
Make checks payable to Kingfisher Track and Field.

Kingfisher Track and Field
602 W. Chisholm Drive
Kingfisher, OK 73750

There will NOT be a timing system in place. Coaches must time their schools. We will Time the first-place winner in each heat to determine the winner.

Awards will be given to 1st place only. (NO TEAM POINTS)

Heating will take place in the Coaches Meeting.

OSSAA Rules Apply. PLEASE CONTACT-Coach Seifried at
sseifried@kingfisher.k12.ok.us

Coaches Meeting: 9:30am

Order of Events

<u>Running</u>	(JH Girls/JH Boys/HS Girls/HS Boys)
400 Meter Relay	Girls / Boys
3200 Meter Relay	Boys/ Girls
800 Meter Relay	Girls / Boys
Distance Medley (800, 400, 800, 1200)	Girls / Boys
1600 Meter Relay	Girls/ Boys

Field Event

Shot Put	HS/JH (3Throws)
Long Jump	JH/HS (3 Jumps)
High Jump	HS/JH
Pole Vault	Girls/Boys