



# K-STATE RELAYS



K-State Relays April 10<sup>th</sup> - 11<sup>th</sup> | R.V. Christian Track | Manhattan, KS

## Meet Information As of 2/23/2026

**Meet Director** For information please contact Chris Goodwin at [cgoodwin@kstatesports.com](mailto:cgoodwin@kstatesports.com) any time before or during the event. Please include all pertinent details, contact name and return phone number and we will contact you as soon as possible.

**Entry Procedure** Teams will only pay for athletes who gain entry into the meet (including all listed relay alternates). Entry fees must be paid online at the time of registration. Entry fees are non-refundable and non-transferable. Registration will be through [Athletic.net](https://athletic.net) and will be open on Monday March 9<sup>th</sup> (link will be provided on the [kstatesports.com](https://kstatesports.com) website).

Entry fee is \$35 per athlete or a maximum of \$350 per gender

\*\*Boys and girls squads count as separate teams

**Entry Timeline**

Monday March 9 <sup>th</sup>	Entries Open 9am CST
Monday April 6 <sup>th</sup>	Entries Close 6pm CST
Tuesday April 7 <sup>th</sup>	Accepted entries posted by 6pm CST
Wednesday April 8 <sup>th</sup>	Heat sheets posted, and final time schedule published by 6pm CST

**Relays Event Entries** The following relay events will be contested on the track:

4x100m	Heats/Finals	
4x400m	Heats/Finals	
4x800m	Timed Finals	
Shuttle Hurdles	Heats/Finals	110mH Men, 100mH Women
SMR (Sprint Medley Relay)	Timed Finals	200-200-400-800 Meters
DMR (Distance Medley relay)	Timed Finals	1200-400-800-1600 Meters

The Kansas State Relays will accept ALL relay entries into the meet! Only one relay team per event per school will be allowed. Where possible, enter relay marks that have been achieved within the present or preceding 2025 season. Relay times may also be determined by adding the four best open/split times from a documented meet for athletes from the present or preceding season. Honesty by coaches will allow for the best meet possible. You **MUST** enter each member of the relay team plus any alternates for that relay so that each is officially entered in the meet.

\*\*There will be no individual track races contested

**Field Event Entries** The following field events will be contested:

Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus, Javelin

Please enter field event marks that have been achieved within the present or preceding 2025 season. Please add entry notes and a link to each performance submitted. We will be taking the top 32 marks in each field event (24 in vertical jumps).



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<b>Tickets/Admission</b>	<p>R.V Christian Track is located off College Ave and Kimble Ave. All tickets will be digital.</p> <p><u>Advanced Ticket Pricing (online only)</u></p> <p>Single Day: \$12 + tax</p> <p>Two Day Pass: \$20 + tax</p> <p><u>Day of Event Sales:</u></p> <p>Single Day: \$14 + tax</p> <p>Youth/Senior: \$12 + tax</p> <p>Two Day Pass: \$25 + tax</p>
<b>Team Camps</b>	<p>Team camps and general warm-up will be located inside <b>Bramlage Coliseum (Basketball Arena)</b>, providing a weather-protected home base with seating for 12,000. Coaches and Athletes will be required to show a wristband to enter the facility.</p>
<b>Warm Up</b>	<p>The warm-up area and the call room will be housed in the newly renovated <b>Cliff Rovelto Indoor Track</b>, featuring Mondo Super X 720 track surface spanning from wall to wall. Athletes will have the opportunity to be spiked up and ensure they are fully prepared before stepping on the track. With the Cliff Rovelto Indoor Track being directly adjacent to the stadium, it is a seamless transition for the athletes from the call room to the competition track.</p>
<b>Facilities</b>	<p>R.V. Christian Track is a 400m 8-lane Beynon BSS-2000 system with Hobart encapsulate. Jumping areas have the same Beynon BSS-2000 surface. Only athletic tape will be allowed for jump marks on runways, NO CHALK will be permitted. High Jump will be contested on the North Apron. The Mark A. Chapman area on the north-west corner of the track will be used for the Shot Put. Discus and Javelin will be contested on the infield; weather conditions will determine the direction/circle we throw out of.</p> <p>Men's Long Jump Board - 3m/10ft      Women's Long Jump Board - 3m/10ft</p> <p>Men's Triple Jump Board - 11m/36ft      Women's Triple Jump Board - 9m/30ft</p> <p>**We will utilize a tape board for the Women's triple jump (9m board)</p>
<b>Advancement</b>	<p>For the 4x100, 4x400, and Shuttle Hurdle Relay, we will run a 2-heat final with the 16-fastest times from the heats qualifying for the final.</p> <p>The 4x800, SMR, and DMR will be timed finals.</p> <p>For the <b>Horizontal Jumps</b> and all <b>Throwing Events</b>, all competitors will get three attempts, and the top nine marks will qualify for finals.</p>
<b>Scoring</b>	<p>Scoring for the K-State Relay Cup is as follows:</p> <p>1<sup>st</sup> - 10pts, 2<sup>nd</sup> - 8pts, 3<sup>rd</sup> - 6pts, 4<sup>th</sup> - 5pts, 5<sup>th</sup> - 4pts, 6<sup>th</sup> - 3pts, 7<sup>th</sup> - 2pts, 8<sup>th</sup> - 1pt</p>
<b>Awards</b>	<p><b>K-State Relays Cup</b> - most points on the track (women's team trophy and a men's team trophy). The winning team will receive backpacks, hats, trophy and swag.</p> <p><b>Individual Relay Events:</b> The top 8 teams in each relay event will receive medals with the winners receiving a champions backpack, trophy and swag.</p> <p><b>Field Events:</b> The top 8 finishing individuals in each field event will receive medals with the winners receiving a champions backpack, trophy and swag</p> <p>**Medals and awards must be picked up at the awards tent before the conclusion of the meet. They will not be mailed out.</p>



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As of 2/23/2026

## Schedule of Events

### Friday April 10<sup>th</sup>

<u>Time</u>	<u>Relay Events</u>	<u>Gender</u>
Noon	4x100 Meter PRELIM	Boys
	4x100 Meter PRELIM	Girls
	4x110 Shuttle Hurdle PRELIM	Boys
	4x100 Shuttle Hurdle PRELIM	Girls
	4x400 Meter PRELIM	Boys
	4x400 Meter PRELIM	Girls
	DMR Timed Finals	Boys
	DMR Timed Finals	Girls

<u>Time</u>	<u>Field Events</u>	<u>Gender</u>
12:00 p.m.	Long Jump (Top 32)	Boys
	Javelin (Top 32)	Girls
	Shot Put (Top 32)	Boys
	Pole Vault (Top 24)	Girls
3:00 p.m.	Long Jump (Top 32)	Girls
	Javelin (Top 32)	Boys
	Shot Put (Top 32)	Girls
	Pole Vault (Top 24)	Boys

### Saturday April 11<sup>th</sup>

<u>Time</u>	<u>Relay Events</u>	<u>Gender</u>	
10:00 a.m.	SMR Timed Finals	Boys	
	SMR Timed Finals	Girls	
	4x100 Meter FINAL	Boys	
	4x100 Meter FINAL	Girls	
	4x800 Meter Timed Finals	Boys	
	4x800 Meter Timed Finals	Girls	
	4x110 Shuttle Hurdle FINAL	Boys	
	4x100 Shuttle Hurdle FINAL	Girls	
	4x400 Meter FINAL	Boys	
	4x400 Meter FINAL	Girls	
	**Awards Ceremony		

<u>Time</u>	<u>Field Events</u>	<u>Gender</u>
9:30 a.m.	Discus (Top 32)	Girls
	High Jump (Top 24)	Girls
	Triple Jump (Top 32)	Boys
12:30 p.m.	Discus (Top 32)	Boys
	High Jump (Top 24)	Boys
	Triple Jump (Top 32)	Girls



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## Facility Images



R.V. Christian Track



Cliff Rovelto Indoor Track