

Medford JH/HS Track Meet 2026

Tuesday, April 14th

Time:

Coaches Meeting: 9:00 a.m.

Field Events: 9:15 a.m.

Running Events: 10:00 a.m.

Limitations:

15 Team Limit

Each Contestant is limited to 4 events, including relays.

Each School is limited to 3 entrants in each event and 1 team in each relay
4 throws will be allowed in the shot and discus.

All running timed Finals

Awards: Medals will be awarded to the top three (3) places in each event. No team trophies

Equipment: 6-lane polyurethane track. Automatic Lynx timing system. Please Use short $\frac{1}{4}$ Inch spikes or flat shoes on track surface. Medford will provide starting blocks.

PLEASE NO TAPE ON TRACK!

Food: Concession will be available. Participants are asked to keep tents on the outside of the Track fence. Please no chairs or blankets on the infield.

Contacts:

For questions or entering the meet, call or email:

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