

SIMON GREINER MILE NIGHT 2026

TAFT STADIUM • FRIDAY, MAY 29TH

Formerly known as STARS MILE NIGHT

RunSignUp.com/StarsMileNight



For questions, contact Kyle McKinley at kyle.wayne.mckinley@gmail.com

Events and schedule	Event schedule listed below is tentative. The final schedule will be determined by the number of entries and will be released the week of the event alongside heat sheets. Except for the Elementary 800m, all events will be one mile (1609m).
Registration info	<p>Registration for all divisions will be via RunSignUp, and will open the last week of February.</p> <p>All registrations must be completed by 11:59 PM on Wednesday, May 27th. Absolutely no late entries will be accepted.</p> <p>As in previous years, all high school athletes are expected to register for the high school races. Elementary School (4th grade and younger) and Middle School/Jr High (5th - 8th grade) runners who would like to compete in a more challenging field are welcome to register for the next division up, and will be placed in a heat according to the race times provided on their registration.</p> <p>We will reserve ONE SPOT EACH in the men's and women's elite fields for the top out-of-state high school and top Oklahoma high school seeds. If they choose to compete in the elite division, they will not be eligible for high school division awards. A minimum seed of 4:15 for boys and 5:05 for girls must be met for a runner to be eligible. Runners who qualify for these slots will be notified at the close of registration; all other high school athletes will compete in the high school field.</p>
Registration add-ons	<p>All registrations through May 17th will receive a personalized bib to commemorate the event. Registrations after the deadline will still receive a bib, but it will not have your name on it. Bibs are included with the price of registration.</p> <p>Event t-shirts will be available for purchase during registration for \$10 per shirt until May 17th, and will be ready for pickup at packet pickup.</p>

<p>Entry fee</p>	<p>Entry fee information is available at RunSignUp. Early bird pricing is available, and prices will increase for race week registration.</p> <p>The Simon Greiner Program is covering race registration fees for OKCPS athletes. Contact your coach or race director Kyle McKinley (email above) to receive the coupon.</p> <p>For coaches interested in discounts for bulk/team entry, email Kyle McKinley.</p>
<p>Heat sheets</p>	<p>Heat sheets and pace targets for each heat will be released no later than 12:00 PM on Thursday, May 28th. Athletes are responsible for notifying us about any updates to seed times prior to that time. We will send reminders before the deadline to make sure you are placed in the correct heat based on your existing times. Athletes will be heated based on their self-reported seed times; please be honest and accurate when submitting your seed time.</p> <p>After they are released, heat sheets are FINAL. There will be <u>absolutely no heat changes on race day</u>. In the past we have been able to accommodate race day changes on a case-by-case basis, but our event has grown to the point that it isn't feasible for us or our timing company to handle these requests after we publish heat sheets. As long as you let us know before heat sheets are released, we are more than happy to update your seed!</p>
<p>Pacers</p>	<p>We will once again be recruiting pacers this year. If you are interested in helping runners achieve new personal bests, contact Kyle McKinley at kyle.wayne.mckinley@gmail.com. We need men's and women's pacers for ALL levels - from 8-minute miles to 3:55! Pacers are expected to run at least 1000m (2.5 laps) at their assigned pace, with even, steady pacing, but are welcome to run through the finish if they choose. Pacers will receive a free registration and a special care package as a thank you for their help. Last year's care package included a Mile Night Pace Team singlet from ASICS, sunglasses from Brooks, and a running hat from On.</p>
<p>Packet pickup</p>	<p>Early packet pickup will be available on Thursday, May 28th (location and times TBD). Race day packet pickup will also be available beginning 1 hour prior to your event's start.</p> <p>We strongly encourage runners to pickup their packets on Thursday to help streamline the event on Friday!</p>
<p>Timing</p>	<p>MacDonald Timing will be timing the event. Live/official results will be available on race day. Results will be sent to MileSplit and linked to athlete profiles - we understand there were some difficulties with this in 2025, and have addressed the issues for this year's event.</p>

TENTATIVE SCHEDULE

Thursday, May 28th

Time TBD Early packet pickup (location TBD)

Friday, May 29th

For each division, the last heat will be the fastest. This schedule is VERY LIKELY to change based on final entries.
The final schedule will be released after registration closes on race week.

5:30 PM	Packet pickup opens
6:30 PM	Elementary School 800m
6:45 PM	Middle School/Jr High Mile Heats
7:30 PM	Open Mile Heats
8:30 PM	High School Mile Heats
9:45 PM	High Performance/Elite Mile Heats
10:15 PM	Simon Greiner Elite Mile (fast heat)

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