

# **Northwest Classen Knight Relays**

@ Taft Stadium (Taft Middle School) 2501 N May Ave, Oklahoma City, OK 73107

**Saturday April 4, 2026**

- COACHES' MEETING – 9:30am
- FIELD EVENTS – 9:45am (jumps only. Construction on throw area)
- RUNNING EVENTS – 10:00am

**Two Divisions** – High School Girls and High School Boys

**15 Teams**- Roster Only meet (no unattached)

- First come first serve

**SCORING** – 10-8-6-4-2-1(for open 100m and Jumps) / 20-16-12-8-4-2 (all Relays)

**AWARDS** – Individual: 1-3 medal / Relays: 1-3 / Team: Champion in each division (We will have all medals ready this year!)

**ENTRY FEE – HS Boys And Girls**- \$100 per division. **JV Boys and Girls** (after 3 athletes for open, and 1 relay) Boys/Girls - **\$50** per division.

Athletes may compete in any 4 events. You may register 5 athletes in each open event, and 3 relay teams per relay event.

**REGISTRATION:** [Athletic.net](http://Athletic.net) due by 4/3 @ Noon.

- CONCESSIONS / ADMISSION – Concession stands will be open. Admission will be charged for spectators.

**Parking**- Both at Taft Stadium and across the street at NW Classen HS.

**Buses** must park in the Northwest Classen HS parking lot.

**Make Checks Payable to:** Northwest Classen Track, 2801 NW 27<sup>th</sup>, Oklahoma City, OK 73107

**Contact:**

Boys Coach: Gary Russell- [gmrussell@okcps.org](mailto:gmrussell@okcps.org)

Girls Coach: Aaron Franklin- [amfranklin@okcps.org](mailto:amfranklin@okcps.org)

Athletic Coordinator: Chris Vandersypen [dcvandersypen@okcps.org](mailto:dcvandersypen@okcps.org)

## **FIELD EVENTS**

High Jump

Long Jump-Each athlete will be given four jumps, no final.

## **Running Events**

Distance Medley (1200,400,800,1600)

4x100

4x800

800m-Sprint Medley (100,100,200,400)

1600m Mid-Distance Medley (200, 200,400,800)

Shuttle “Hurdle” Relay (100H, 110H)-Legs 1 and 3 **start** at Finish line, Legs 2 and 4 **end** at Finish line

Open 100m

4x200

Thrower’s Relay (Boys and Girls)

4x400

