



Oilton High School

Track Meet

Wednesday March 11, 2026

On behalf of the Oilton Public School, we extend to you and your teams a sincere invitation to participate in our high school boys and girls track and field meet. The following will give the information you need for the meet.

High School Boys and Girls, \$100 per team

Individual runners: \$15

Checks will be made to: Oilton High School memo: track and field

9:00 coaches meeting; meet begins at 9:30

We have a brand new polyurethane 8-lane track

**\*\*This is a pre-seeded meet\*\***

**ATTENTION COACHES:** the On-line Entry DEADLINE is: The day before the meet at 5pm

Schools planning to attend must submit their entries on the Athletic.Net website. You will be able to make last minute changes the morning of the meet and then we will seed it. If you need assistance with your account, contact Cara at: [cara@runenduro.com](mailto:cara@runenduro.com).

9 am. Coaches meeting

9:30: Meet begins

All running events will start at 10 am.

Medals 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>

Contact: Jordan Rouintree 918-760-8771

## Oilton High School Track Meet

### Schedule of Events

Field Events 9:30 a.m.

High Jump Boys, Girls

Long Jump Girls, Boys

Shot Boys, Girls

Discus Girls, Boys

Time Finals

10:00 a.m.

400 Relay Girls, Boys

3200 Relay Girls, Boys

100 Hurdles Girls (33")

110 Hurdles Boys (39")

3200 Run Boys

800 Relay Girls, Boys

800 Run Girls, Boys

100 Dash Girls, Boys

Break for Lunch

3200 Run Girls

400 Dash Girls, Boys

300 Hurdles Girls (30")

300 Hurdles Boys (36")

200 Dash Girls, Boys

1600 Run Girls, Boys

1600 Relay Girls, Boys